

Hospital Infection Control From a Developing Country's Perspective
Dr. Aamer Ikram, National Institute of Health, Islamabad, Pakistan
A Webber Training Teleclass

Hospital Infection Control from a Developing Country's Perspective



Prof Aamer Ikram, SI(M)

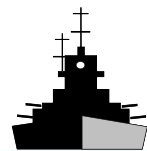
MBBS, MCPS, FCPP, FCPS, PhD
FRCP (Edin), FRSTMH, FFPH, FRCPath (UK)
Dip OSHE, Dip Disaster Management
BSP (UK), IFBA CP, CertEID (US), RBP (US)

Hosted by Martin Kiernan
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July 17, 2018

Background



Known Infections

The Iceberg Effect

Unknown Infections

2

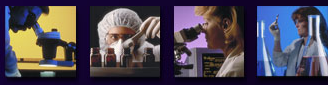
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Microbes & Humans

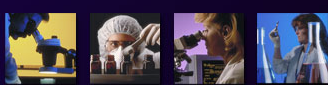


- **Microbes:** **5 X 10³¹**
(50,000,000,000,000,000,000,000,000,000)
- **Humans:** **6 X 10⁹**
(6,000,000,000)

Microbiology in the 21st century, ASM, 2004

3

Super Bugs



THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Sci J Infect Dis 36: 790-794, 2004

Outbreak of Vancomycin Resistant Enterococcus in a Hematology/Oncology Unit in a Korean University Hospital, and Risk Factors Related to Patients, Staff, Hospital Care and Facilities

HYANG SOON OH¹, EUI CHONG KIM¹, MYOUNG DON OH¹ and KANG WON CHOI²

From the ¹Infection Control Service, Seoul National University Hospital, ²Department of Laboratory Medicine, Seoul National University College of Medicine, and ³Department of Internal Medicine, Seoul National University College of Medicine, Seoul, South Korea

Study Finds Spread of Resistant Staph

By THE ASSOCIATED PRESS
Published: April 7, 2005

By The Associated Press

Dangerous drug-resistant staphylococcus infections are outside hosp

RESEARCH

Until recent settings, wh complication athletes.

Multidrug-resistant
Acinetobacter baumannii

Abaron Abbo,^a Shiru Navon-Venezia,^a Orly Hammer-Murtz,^a Tami Kitchell,^a Yardenka Sigman-Igra,^a and Yehuda Carmel^a

INFECTIOUS DISEASES

Resistant Staph Finds New Niches

Huge, painful boils and abscesses that must be cut open and drained before they can heal. Those are the scary symptoms of a ma- for outbreak of a drug-resistant staph- people never notice it. But sometimes MRSA can cause severe skin and soft tissue infections and, when they reach the lungs, ... with fatal consequences if treat- : syndrome ult. In con- ty-acquired range of an- ively easy ion is not a States, so re by. But

Birth of a supergerm

Monday, December 01, 2003

Scientists say they've determined the genetic trick by which a dangerous germ acquired resistance to a highly potent antibiotic, earning itself supergerm status in the process.

The bug is *Staphylococcus aureus*, a leading cause of skin and bloodstream infections; the drug is vancomycin. Until recently, vancomycin was the staph-fighting equivalent of the Powell Doctrine - overwhelming force against a vulnerable enemy.

JOURNAL OF CLINICAL INVESTIGATION

Copyright

J. Clin. Invest. 113:1147-1151, 2003. doi:10.1172/JCI20031147

Antimicrobial resistance of *Neisseria gonorrhoeae* in Japan, 1993–2002: continuous increasing of ciprofloxacin-resistant isolates

shi Tanaka^{a,*}, Hiroshi Nakayama^b, Takashi Notomi^a, Shin-ichiro Irie^a, chi Tsunoda^a, Aya Okadome^a, Takeshi Saika^c, Intetsu Kobayashi^c

^aUrology, Fukuoka University School of Medicine, 7-45-1 Nanakuma, Jonan-ku, Fukuoka 814-0180, Fukuoka, Japan
^bNakayama Urologic Clinic, Fukuoka, Japan
^cChemotherapy Division, Mitsubishi-Kagaku ICI, Tokyo, Japan

4

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Economy

Financial Burden

5

Financial Effects

- USA \$ 6.65 B
- Europe € 7 B
- UK £ 1 B
- Turkey \$ 1 B

6

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Cost Effectiveness

| <u>Infection</u> | <u>Cost Savings</u> |
|-------------------------|---------------------|
| VAP | \$25,072 |
| Bacteremia | \$23,242 |
| Surgical Site infection | \$10,443 |
| UTI | \$ 758 |

Anderson, et al. Infect Control Hosp Epidemiol 2007;28:767-73

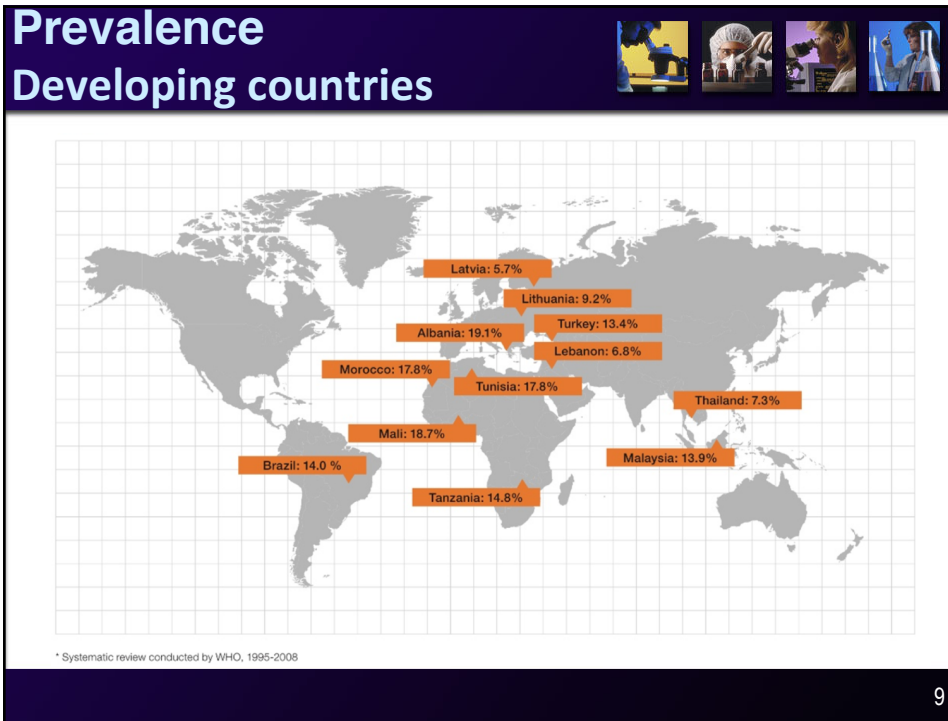
7



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9

Device-associated infection rates in critical care in developing countries

Table 1. Device-associated infection rates in critical care in developing countries compared with the United States National Healthcare Safety Network rates

| Surveillance network, study period, country | Setting | No. of patients | CLA-BSI* | VAP* | CR-UTI* |
|---------------------------------------------|------------|-----------------|----------|------|---------|
| INICC, 2002–2007, 18 developing countries† | PICU | 1808 | 6.9 | 7.8 | 4.0 |
| NHSN, 2006–2007, USA | PICU | / | 2.9 | 2.1 | 5.0 |
| INICC, 2002–2007, 18 developing countries† | Adult ICU# | 26155 | 8.9 | 20.0 | 6.6 |
| NHSN, 2006–2007, USA | Adult ICU# | / | 1.5 | 2.3 | 3.1 |

* Overall (pooled mean) infection rates/1000 device-days
 INICC = International Nosocomial Infection Control Consortium; NHSN = National Healthcare Safety Network; PICU = paediatric intensive care unit; CLA-BSI = central line-associated bloodstream infection; VAP = ventilator-associated pneumonia; CR-UTI = catheter-related urinary tract infection.
 † Argentina, Brazil, Colombia, Costa Rica, Cuba, El Salvador, India, Kosovo, Lebanon, Macedonia, Mexico, Morocco, Nigeria, Peru, Philippines, Turkey, Uruguay
 # Medical/surgical ICUs

10

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Reported incidence rates


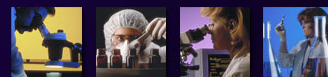


Catheter-associated bloodstream infections in surveillance networks in ICUs

- **NHSN:** 2.7 per 1000 catheter-days
(1.5/1'000 – 6.8/1'000)
- **Michigan:** 2.7 per 1000 catheter-days
(median before intervention)
- **Germany:** 2.1 per 1000 catheter-days
- **18 developing countries:** 8.9 per 1000 catheter-days



Edwards RJ. *Am J Infect Control* 2007; 35:290 – Gastmeier P. *J Hosp Infect* 2006; 64: 16
Pronovost P. *N Engl J Med* 2006; 355:26 – Rosenthal V. *Am J Inf Control*, 2008;36:627-637

11

Status of Hospital Infection Control Measures at Seven Major Tertiary Care Hospitals of Northern Punjab

April 2010 - Journal of the College of Physicians and Surgeons--Pakistan: JCPSP 20(4):266-70
Source - PubMed

 Aamer Ikram · Sayed Ibrar Hussain Shah ·
 Sajida Naseem · [Show all 8 authors](#) ·
 Saifullah Khan Niazi

Bacterial biofilm-based catheter-associated urinary tract infections: Causative pathogens and antibiotic resistance

AJIC 2017

Nargis Sabir, MBBS ✉, Aamer Ikram, MBBS, MCPS, FCPS, PhD, FRSTMH, FRCP, FRCPath, Gohar Zaman, MBBS, FCPS, Luqman Satti, MBBS, FCPS, Adeel Gardezi, MBBS, FCPS, Abeera Ahmed, MBBS, Parvez Ahmed, MBBS, MCPS, FCPS, FRCP

AJIC 2016

INICC Report 2010-2015. Accepted and In Press, American Journal Infection Control (AJIC) 2016

International Nosocomial Infection Control Consortium (INICC) report, data summary of 50 countries for 2010- 2015, Device-associated Module

Victor Daniel Rosenthal¹, Hail M. Al-Abdely², Amani Ali El-Kholy³, Safa A. Aziz AlKhalwaji⁴, Hakan Leblebicioğlu⁵, Yatin Mehta⁶, Vinaya Rai⁷, Nguyen Viet Hung⁸, Souha Sami Karaj⁹, Mona Foda Siliana¹⁰, Estuardo Salgado-Vespe¹¹, Nabeed Ehsa¹², Rayo Morfin Otero¹³, Anucha Apisanantanasak¹⁴, Brailito Matias De Carvalho¹⁵, Iker Iñaki Frutier¹⁶, Dale Fisher¹⁷, Maria Carmen S.G. Buarão¹⁸, Mubashir M. Raza¹⁹, Anu Mangela Qumanda-Mara²⁰, Farid Zandi²¹, Yasmin Gurskova²², Tanya Angewiese²³, Aamer Ikram²⁴, Danny Aguilar de Meroz²⁵, Wladyslaw Duszynska²⁶, Neppamanno Manja²⁷, Florn George Horiba²⁸, Vladislav Belavskiy²⁹, Vesnu Mooljevici³⁰, Gabriela Di Silveira³¹, Katarina Fureveg³², Gloria Y. Ramos-Oltra³³, May Oumou Gamar Elarbay³⁴, Hindra Irawan Sartari³⁵, Umesh Gupta³⁶, Tarek Doudas³⁷, Lai Ralar³⁸, Humberto Granche-Garcel³⁹, Biya He⁴⁰, Denis Paizga⁴¹, Aashiraj Jayatilaka⁴², Ben Ibrahim Njale⁴³, Ekta Ajaykumar⁴⁴, Walter Enrique Prudencio Leon⁴⁵, Alejandra Sepulveda-Chavez⁴⁶, Hector Miguel Telechea⁴⁷, Andrew Trotter⁴⁸, Carlos Alvarez-Moreno⁴⁹, Luis Kusber-Davalos⁵⁰

*Here only fit all 50 authors (one per country)

12

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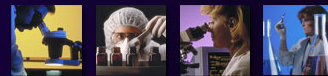
Emergence of a new antibiotic resistance mechanism in India, Pakistan, and the UK: a molecular, biological, and epidemiological study

Lancet August 11, 2010

Karthikeyan K Kumarasamy, Mark A Toleman, Timothy R Walsh, Jay Bagaria, Fajhana Butt, Ravikumar Balakrishnan, Uma Chaudhary, Michel Doumith, Christian G Giske, Seema Kfan, Padma Krishnan, Anil V Kumar, Sunil Maharjan, Shazad Mushtaq, Tabassum Noorie, David L Paterson, Andrew Pearson, Claire Perry, Rachel Pike, Bhargavi Rao, Ujjweyini Ray, Jayanta B Sarma, Madhu Sharma, Elizabeth Sheridan, Mandayam A Thirunarayan, Jane Turton, Supriya Upadhyay, Marina Warner, William Welfare, David M Livermore, Neil Woodford

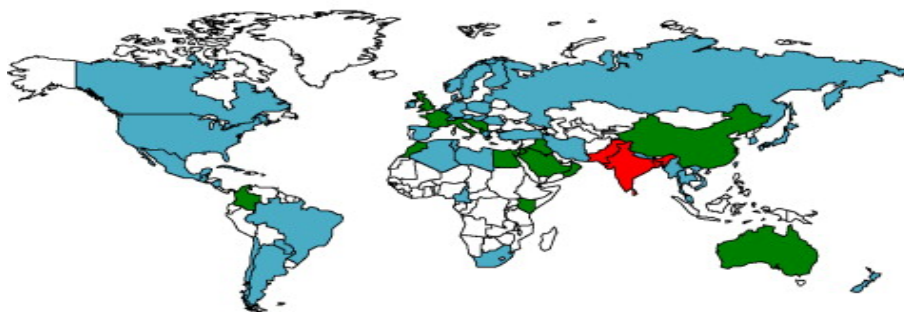
- **Gram-negative Enterobacteriaceae with resistance to carbapenem conferred by NDM-1 are potentially a major global health problem**

13



New Delhi Metallo Beta lactamase (NDM)

- Unknown distribution of NDM producers
- Sporadic spread of NDM producers
- Outbreaks caused by NDM producers
- Endemicity of NDM producers



14

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NDM-1






Figure 5: Distribution of NDM-1-producing Enterobacteriaceae strains in Bangladesh, Indian, Pakistan, and the UK

- 25 isolates from 8 cities of Pakistan

15



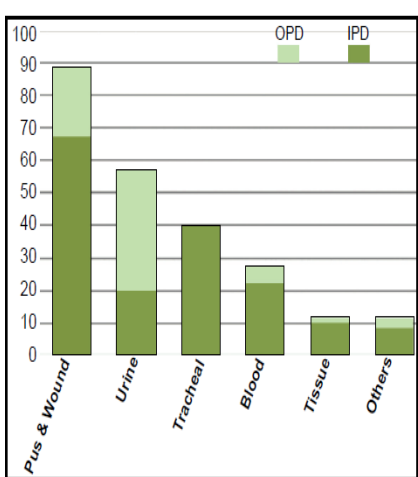


Fig 1. Frequency of *Acinetobacter* spp isolated from various clinical samples of in patients and outpatients (n=232)

Table 2: Antibiotics resistance profile of *Acinetobacter* spp. in various clinical samples

| Antimicrobial | n | % Resistant |
|---------------------------|-----|-------------|
| Co-trimoxazole | 206 | 69.4 |
| Piperacillin - tazobactam | 168 | 66 |
| Cefotaxime | 229 | 65.9 |
| Ciprofloxacin | 225 | 60.8 |
| Ceftazidime | 238 | 58.8 |
| Amikacin | 226 | 52.6 |
| Cefoperazone/sulbactam | 185 | 46.4 |
| Imipenem | 231 | 45.4 |
| Meropenem | 231 | 45.4 |
| Tigecycline | 70 | 32.8 |
| Tobramycin | 162 | 16.0 |
| Polymyxin B | 147 | 11.5 |

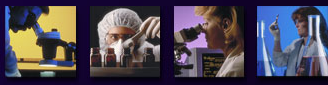
16

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Emergence of Resistance in Clinical Settings; Community



Neisseria gonorrhoea


MTB,
MDR-TB,
XDR-TB

Neisseria meningitidis

Salmonella
Typhi

AMERICAN SOCIETY FOR MICROBIOLOGY | **mBio**

RESEARCH ARTICLE

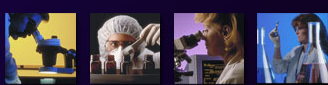


Emergence of an Extensively Drug-Resistant *Salmonella enterica* Serovar Typhi Clone Harboring a Promiscuous Plasmid Encoding Resistance to Fluoroquinolones and Third-Generation Cephalosporins


Elizabeth J. Klemm,^a Sadia Shakoor,^b Andrew J. Page,^c Farah Naz Qamar,^b Kim Judge,^a Dania K. Saeed,^b Vanessa K. Wong,^c Timothy J. Dallman,^d Satheesh Nair,^e Stephen Baker,^{1,6} Ghazala Shaheen,^b Shahida Qureshi,^b Mohammad Tahir Yousafzai,^b Muhammad Khalid Saleem,^b Zahra Hasan,^b Gordon Dougan,^{1,6} Rumina Hasan^b

17

Emergence of Resistance in Clinical Settings; Health Care Settings



Journal List > PLOS Pathog > v.13(5) 2017 May > PMC5436850



PATHOGENS | A Peer-Reviewed, Open Access Journal

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PLOS Pathog. 2017 May; 13(5): e1006290
Published online 2017 May 18. doi: [10.1371/journal.ppat.1006290](https://doi.org/10.1371/journal.ppat.1006290)

PMCID: PMC5436850

***Candida auris*: A rapidly emerging cause of hospital-acquired multidrug-resistant fungal infections globally**

Anuradha Chowdhary,^{1,2} Cheshta Sharma,¹ and Jacques F. Meis,^{2,3}

Deborah A. Hogan, Editor

Colistin resistant GNR

MRSA/VRE

Pan R *Ps. aeruginosa*

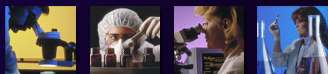
MDR & XDR GNR

Candida auris

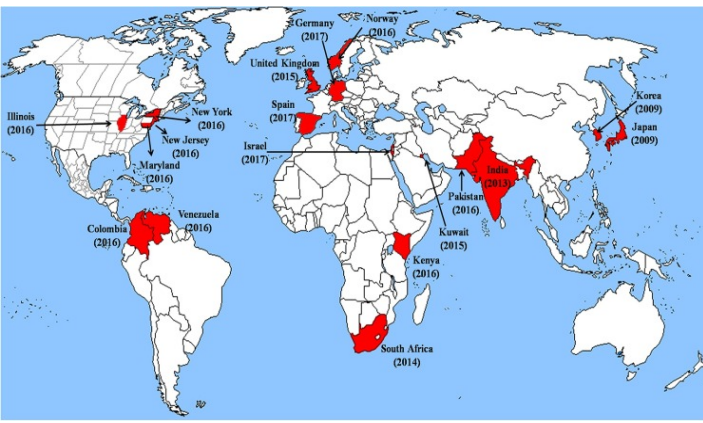
18

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Candida auris: A rapidly emerging cause of hospital-acquired MDR fungal infections globally



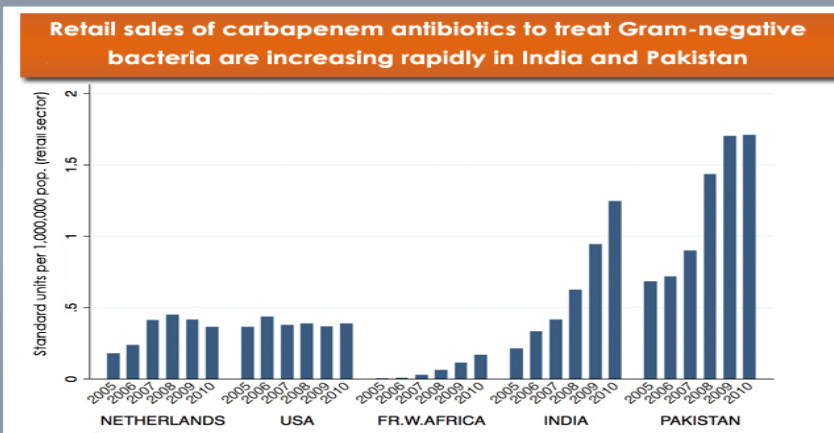
Germany (2017), Norway (2016), United Kingdom (2015), Spain (2017), Israel (2017), New York (2016), New Jersey (2016), Maryland (2016), Illinois (2016), Colombia (2016), Venezuela (2016), South Africa (2014), Kenya (2016), Kuwait (2015), Pakistan (2016), India (2013), Japan (2009), Korea (2009).

PLoS Pathog., 2017 May; 13(5)

19



Retail sales of carbapenem antibiotics to treat Gram-negative bacteria are increasing rapidly in India and Pakistan



| Country | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 |
|-------------|-------|------|------|------|------|------|
| NETHERLANDS | ~0.2 | ~0.3 | ~0.4 | ~0.4 | ~0.3 | ~0.3 |
| USA | ~0.3 | ~0.4 | ~0.4 | ~0.4 | ~0.4 | ~0.4 |
| FR.W.AFRICA | ~0.05 | ~0.1 | ~0.1 | ~0.1 | ~0.1 | ~0.1 |
| INDIA | ~0.2 | ~0.3 | ~0.4 | ~0.6 | ~0.9 | ~1.2 |
| PAKISTAN | ~0.7 | ~0.7 | ~0.9 | ~1.4 | ~1.7 | ~1.7 |

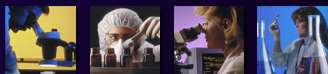
Source: Based on data obtained under license from IMS Health MIDAS™ (January 2005 - December 2010). IMS Health Incorporated. All Rights Reserved.

CDDEP THE CENTER FOR Disease Dynamics, Economics & Policy
WASHINGTON DC • NEW DELHI

20

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Length of Stay in ICU




| | n | Mean LOS | SD | Extra LOS |
|---------|-----|----------|-----------|-----------|
| Control | 236 | 4.31 | +/- 2.66 | |
| HAI | 120 | 15.73 | +/- 12.69 | 11.42 |
| VAP | 54 | 21.89 | +/- 14.97 | 17.58 |
| CLABSI | 32 | 25.88 | +/- 17.95 | 21.57 |
| CAUTI | 44 | 18.04 | +/- 15.24 | 13.73 |

Surveillance of device-associated infections in intensive care units of a tertiary care hospital. JIH 2016

21

Mortality Rate in ICU



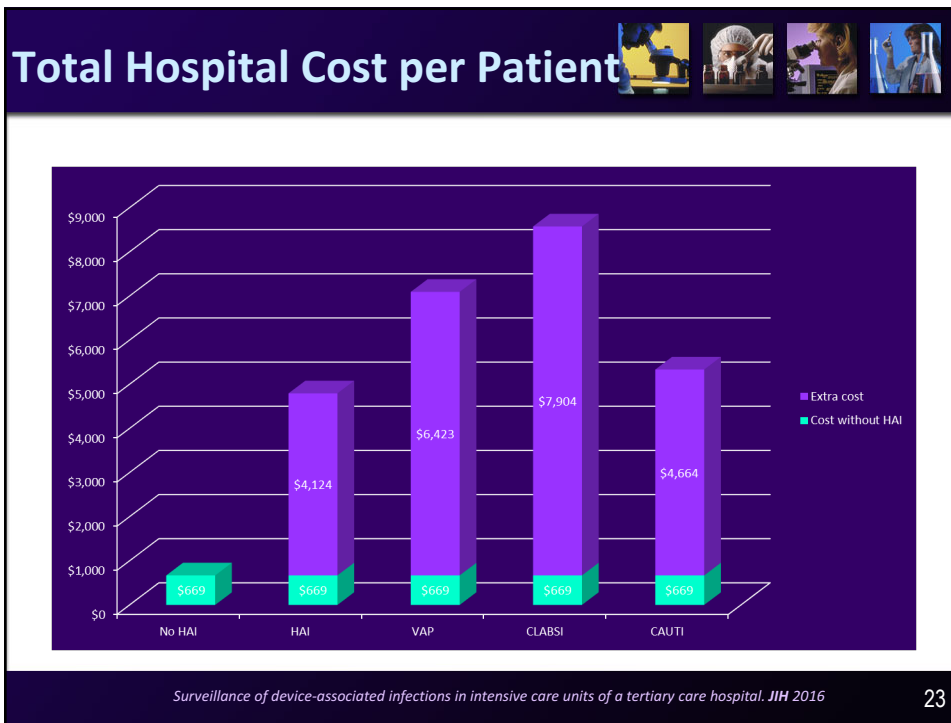
| Category | Mortality without HAI | Extra Mortality | Total Mortality |
|----------|-----------------------|-----------------|-----------------|
| No HAI | 16.9% | 0% | 16.9% |
| HAI | 16.9% | 4.5% | 21.4% |
| VAP | 16.9% | 25.5% | 42.4% |
| CLABSI | 16.9% | 28.7% | 45.6% |
| CAUTI | 16.9% | 2.6% | 19.5% |

Surveillance of device-associated infections in intensive care units of a tertiary care hospital. JIH 2016

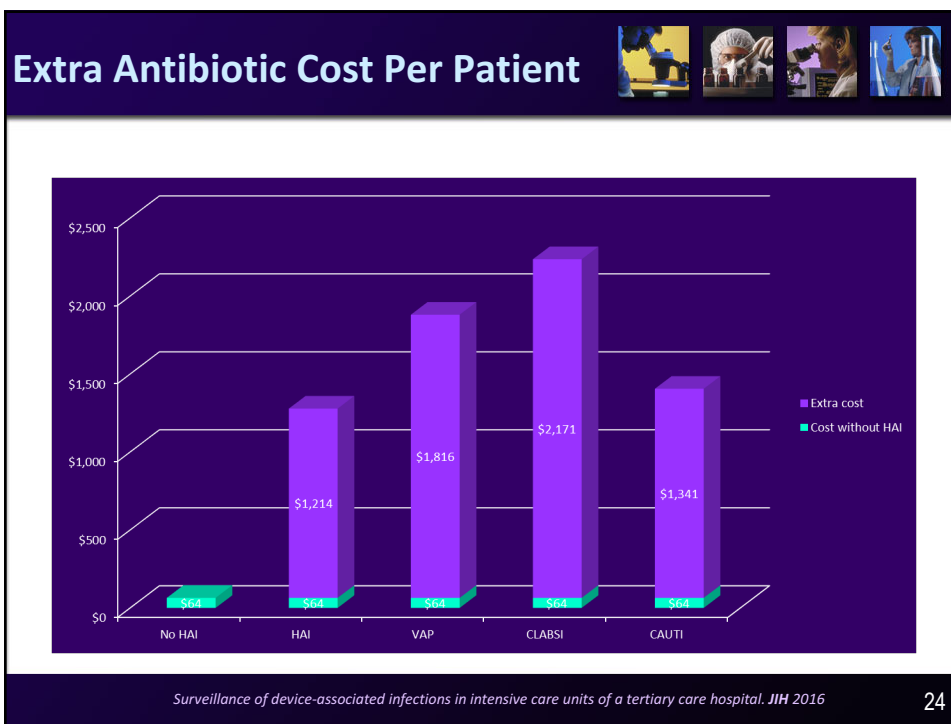
22

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23



24

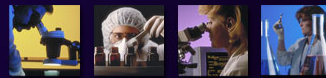
Areas of Concern



- Legislative coverage
- Guidelines, policies
- IPC programs
- Oversight
- Training opportunities
- Infectious waste management
- Antimicrobial usage
- Clinical Auditing
- Multifaceted approach

25

Why infection control is important?



- Prevents transmission of infections
- Shortens patient's stay in the hospital
- Decreases hospitalization cost
- Reduces morbidity and mortality
- Containment of AMR
- An indicator of safe care to patient

26

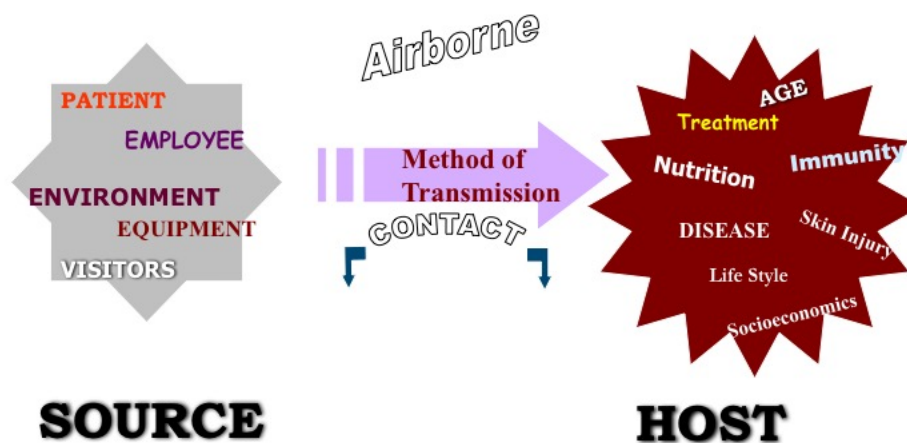
Factors involved in HAI



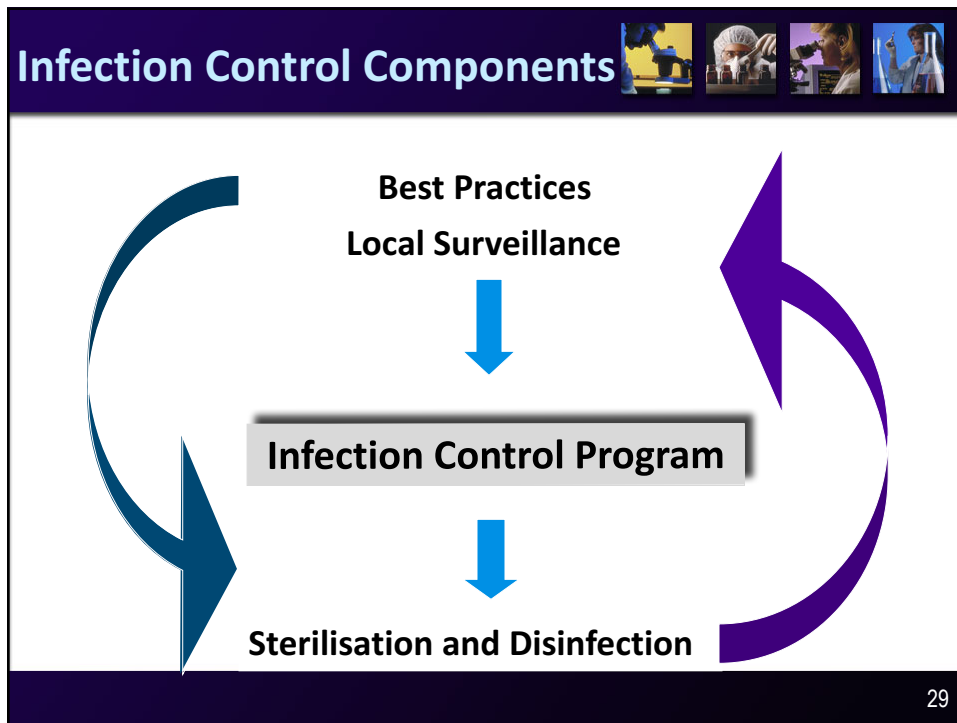
- The micro-organisms
- The host (patient)
- The carriers (Staff)
- The environment
- Treatment

27

Chain of Infection

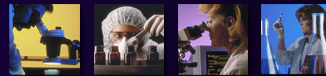


28



- ### Infection Control Activities
- Surveillance & trends
 - Monitoring methods of control
 - Identification & Outbreak investigation
 - Advice: day to day, isolation, liaison, prevention
 - Management of injuries
 - Auditing
 - Staff Education/Immunization
-
- An illustration of a nurse in a white uniform and cap, sitting and reading an open book. The book has a green cover and is open to a page with text and diagrams.
- 30

? Responsibility



- Infection Control Committee
 - Infection Control team
 - Core group
- HCW
- Medical officers
- Nursing staff

31

Infection Control is Everyone's Business

Family/Visitors

Physicians

Administrators

Hospital

Ambulatory Care Center

Therapists



Clerks

Environmental Services

Nurses

Patients

32

Preventive Measures



- Interruption of transmission of microorganisms
 - Care of equipment
- Interruption of person to person transmission
 - Hand washing
 - Barrier precautions

33

Why We Wash Our Hands ?



Clean Hands are Healers
Dirty Hands are Killers

34

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HYGIENE IN PRACTICE

حفظانِ صحت کے اصول

EFFECTIVE HAND WASHING TECHNIQUE FOR HEALTHCARE WORKERS

تمام حفظانِ صحت کے کارکنان کے لئے ہاتھ دھونے کا صحیح طریقہ



1

Wet hand thoroughly with water. Take one measure of cleanser.
 ہاتھوں کو پانی سے لگا کرنے کے بعد چند داھکے پر دیکس استعمال کریں۔



2

Rub hands palm to palm.
 پتھلیوں کو آپس میں اچھی طرح رگڑیں۔



3

Right hand over back of left. Change hand and repeat the process.
 دائیں ہاتھ کی پتھلی سے بائیں ہاتھ کی پشت کو صاف کریں۔ اسی طرح دوسرے ہاتھ سے بائیں ہاتھ کو صاف کریں۔



4

Fingers linked in palms.
 دائیں ہاتھ کی انگلیوں کو بائیں ہاتھ سے صاف کریں۔ پھر دوسرے ہاتھ سے اس عمل کو دہرائیں۔



5

Rotate right hand around left thumb. Change hands and repeat.
 دائیں ہاتھ سے بائیں ہاتھ کے انگوٹھے کو صاف کریں اور پھر اس عمل کو دوسرے ہاتھ پر دہرائیں۔



6

Rotate right hand around left wrist upto forearm. Change hand and repeat. The Hands are finally washed under running water.
 آخریں دائیں ہاتھ سے بائیں ہاتھ کی کاٹی کو بائیں ہاتھ سے صاف کریں اور اسی طرح اس عمل کو دوسرے ہاتھ پر دہرائیں۔ آخر میں ہاتھوں کو صاف پانی سے صاف کریں۔

In case of applying MediHex 05 do not wash your hands with water.
استعمال کرنے کی صورت میں پانی استعمال نہ کریں۔

Break the chain and stop the spread of infections. Wash your hands.



MediClean
HAND CLEANSER



MediHex-4
SCRUB SOLUTION
4% Chlorhexidine
Digluconate BP



MediHex 05
HAND RUB
0.5% Chlorhexidine
Digluconate BP in 70% IPA

A public service message by



Infectious waste






36

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Sharps



37

Infectious waste



38

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The slide features a dark purple header with four small icons: a microscope, a person in a lab coat, a person in a lab coat, and a person in a lab coat. Below the header, on the left, is a large graphic of a fire with the word 'INCINERATOR' in large, blue, metallic letters and 'BURN IT UP!' in smaller, orange, metallic letters below it. On the right is a photograph of a metal incinerator unit with a chimney pipe, situated outdoors. The number '39' is in the bottom right corner.



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Harsh Fact

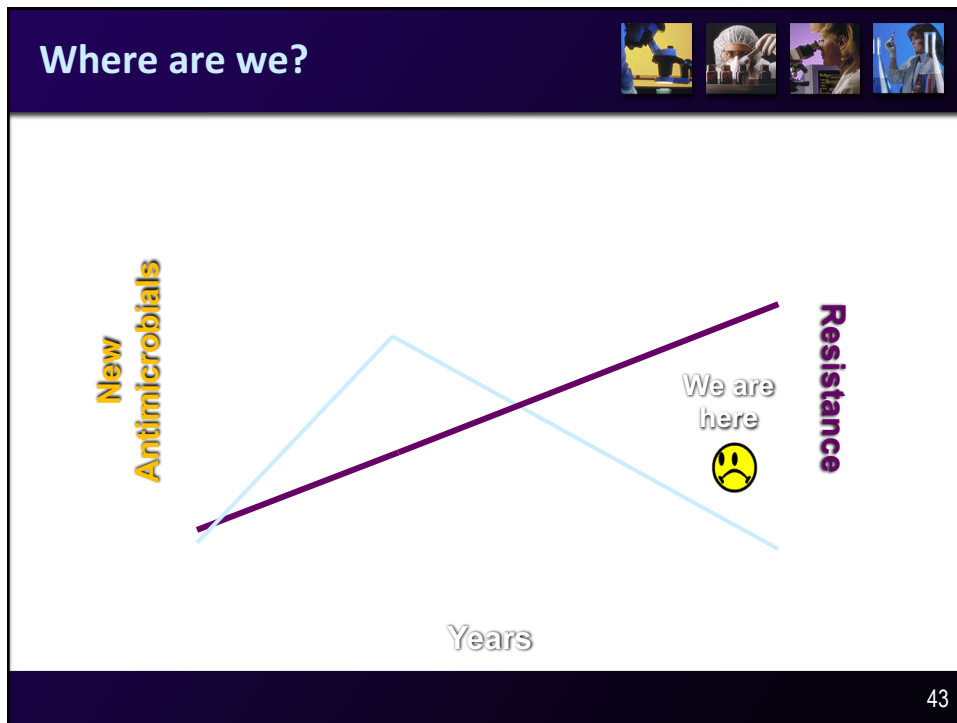


- **Antibiotic prescribing**
 - 35% of the total healthcare budget is spent on antimicrobials in developing countries versus 11% in developed countries
- **Antibiotics are now “endangered species” facing extinction due to the worldwide emergence of antibiotic resistance**

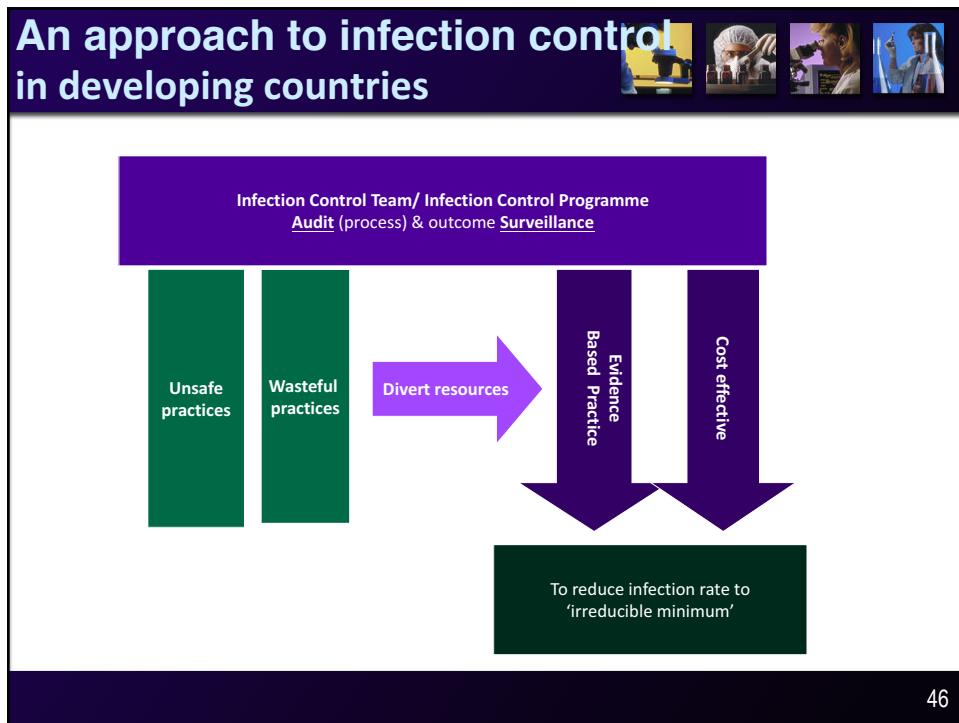
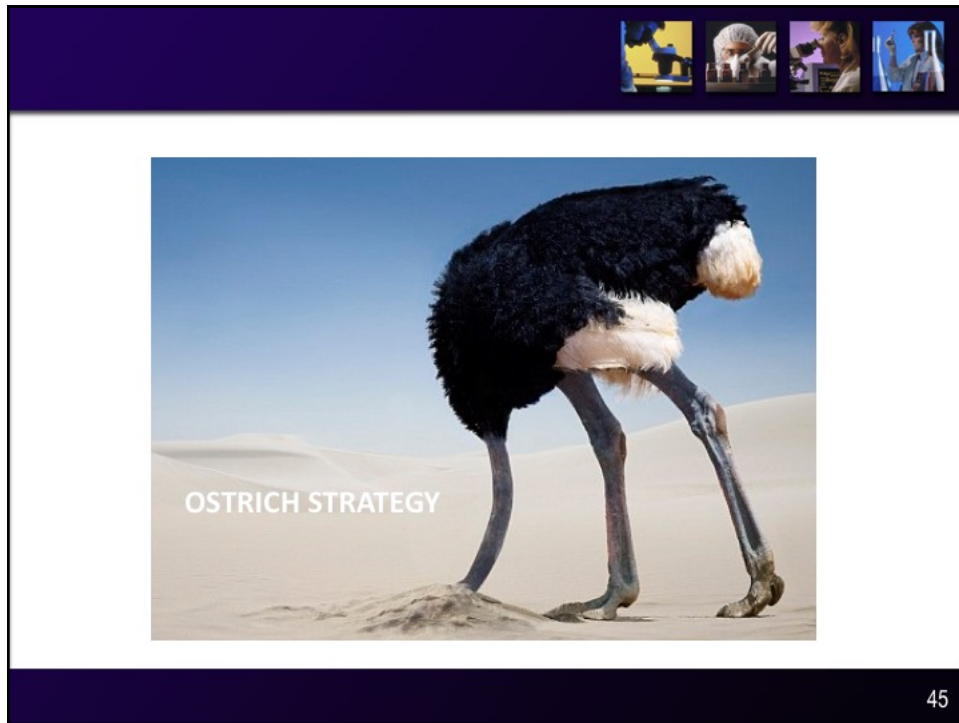
Microbiol., 23 November 2016 <https://doi.org/10.3389/fmicb.2016.01881>

42

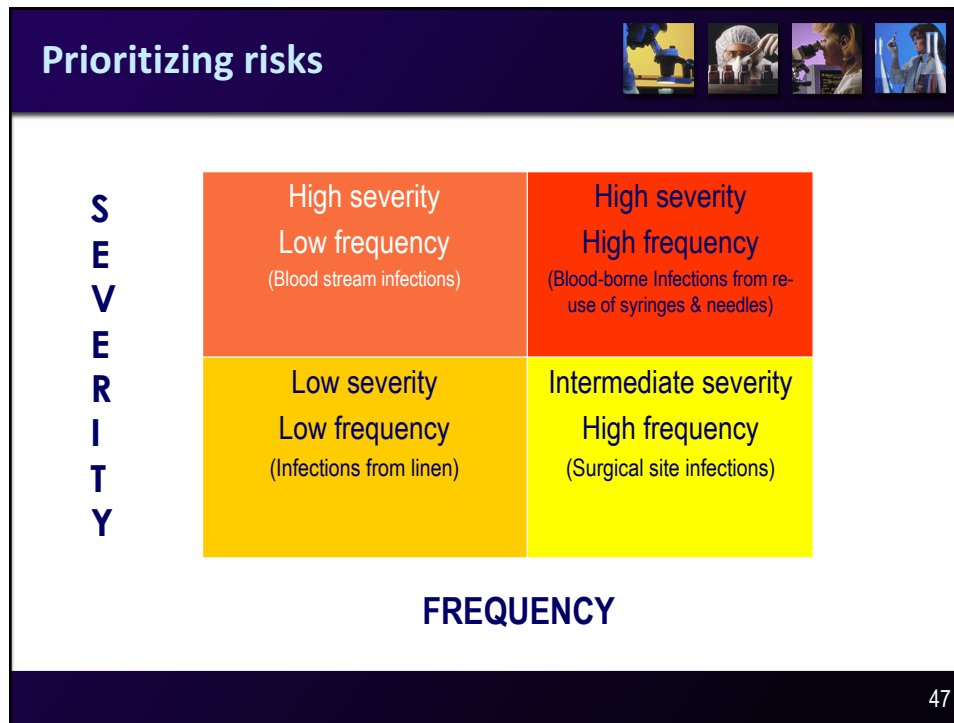
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- ### Cost Saving Measures
- 
- **Routine**
 - Microbiological Swabbing of environment
 - Disinfectants for environmental cleaning e.g. floors & walls
 - Fumigation of isolation room with formaldehyde
 - **Unnecessary**
 - Use of overshoes and dust attracting matt
 - Personal Protective Equipment in the Intensive Care, & Neonatal Unit
 - **Excessive/unnecessary use of**
 - IM/IV injections
 - Insertion of indwelling devices e.g. IV lines, urinary catheters, nasogastric tube
 - Antibiotics both for prophylaxis and treatment
- Damani NN. Journal of Hospital Infection 2007; 65(S1): 151-154.
- 48

Cost Effective Practices



- Education and practical training in
 - Hand hygiene
 - Aseptic technique
 - Appropriate use of PPE
 - Sharp use and disposal in robust containers
- Provision of alcoholic hand rub and hand washing facilities for hand hygiene
- Use of adequately sterile items for invasive procedures
- Use of single-use disposable sterile needles and syringes
- Adequate decontamination of items/equipment between patients
- Provision of Hep B vaccination for healthcare workers
- Post exposure management of healthcare workers

49

Containment of AMR



Requires Global Efforts

International level

- WHO Containment of AMR 2015
 - (Global Action Plan for AMR)
- UN general Assembly high level meeting on AMR 2016
- Collaboration between countries; GARP

50

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WHO Initiatives



- Increased collaboration between governments, nongovernmental organizations, professional groups and international agencies
- Networking that undertake surveillance of antimicrobial use and AMR
- International approach for control of counterfeit drugs
- Incentives for R&D for new drugs and vaccines
- Forming new, and reinforcing existing programmes to contain AMR

51

Regional Initiatives



- Regional Committee meeting in Timor Leste 2015
 - Member states passed a key resolution for steadfast political commitment and multi-sectoral coordination to tackle AMR
- Jaipur Declaration 2011 on AMR
 - Calls for comprehensive action against the irrational use of antibiotics
- Berlin declaration 2017
 - G20 health ministers in 2017 recognized the increasing threat of AMR
 - Members pledged to develop national action plans to tackle AMR, in line with the One Health approach, with interventions aimed at agriculture, livestock, and human health

52

Containment of AMR



- **National**
 - **Joint policies/guidelines from health ministry, agriculture & environment**
 - **National policy implementation**
 - **Advocacy and dissemination of information**
- **Role of professional bodies**
- **Community and Individual**
- **Public Private Partnership**

53

National Strategies



National Committee to work in coordination with regulatory bodies:

- **AMR surveillance & antimicrobial utilization**
- **Evaluate the impact of AMR preventive and control strategies**
- **Register all dispensing outlets**
- **Ensure availability of antimicrobials with prescription only**
- **Bind legally all manufacturers to report data on antimicrobial distribution**
- **Enhance coverage of immunization**
- **Develop national action plans and allocate resources**

54

Community Level



- IC in community (Public Health)
 - Hand washing
 - Sanitation
 - Clean drinking water (chlorination)
 - Immunization

55

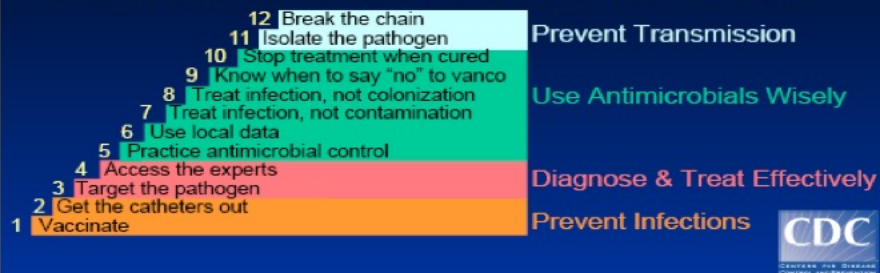
Health Care Settings Level



Establish an IPC Committee

12 Steps to Prevent Antimicrobial Resistance: Hospitalized Adults

*Clinicians hold the solution...
 Take steps NOW to prevent antimicrobial resistance!*

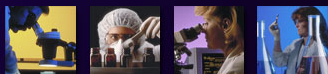


Good Microbiology Practices

56

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Laboratory Level

Laboratory and its Role in Containment of AMR

Good Laboratory Practice (vertical text on the left)

AMR Surveillance (vertical text on the right)

Early identification of microorganisms and fast reporting of antimicrobial susceptibility result

Laboratory Quality Management System
Laboratory Information System
Data Management and Analysis

57



Clinical bacteriology in low-resource settings: today's solutions



Sien Ombelet, Jean-Baptiste Ronat*, Timothy Walsh, Cedric P Yansouni, Janneke Cox, Erika Vlieghe, Delphine Martiny, Makeda Semret, Olivier Vandenberg, Jan Jacobs, on behalf of the Bacteriology in Low Resource Settings working group†*

Low-resource settings are disproportionately burdened by infectious diseases and antimicrobial resistance. Good quality clinical bacteriology through a well functioning reference laboratory network is necessary for effective resistance control, but low-resource settings face infrastructural, technical, and behavioural challenges in the implementation of clinical bacteriology. In this Personal View, we explore what constitutes successful implementation of clinical bacteriology in low-resource settings and describe a framework for implementation that is suitable for general referral hospitals in low-income and middle-income countries with a moderate infrastructure. Most microbiological techniques and equipment are not developed for the specific needs of such settings. Pending the arrival of a new generation diagnostics for these settings, we suggest focus on improving, adapting, and implementing conventional, culture-based techniques. Priorities in low-resource settings include harmonised, quality assured, and tropicalised equipment, consumables, and techniques, and rationalised bacterial identification and testing for antimicrobial resistance. Diagnostics should be integrated into clinical care and patient management; clinically relevant specimens must be appropriately selected and prioritised. Open-access training materials and information management tools should be developed. Also important is the need for onsite validation and field adoption of diagnostics in low-resource settings, with considerable shortening of the time between development

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58

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PERSPECTIVE

Delivering on Antimicrobial Resistance Agenda Not Possible without Improving Fungal Diagnostic Capabilities

David W. Denning, David S. Perlin, Eavan G. Muldoon, Arnaldo Lopes Colombo, Arunaloake Chakrabarti, Malcolm D. Richardson, Tania C. Sorrell

Antimicrobial resistance, a major public health concern, largely arises from excess use of antibiotic and antifungal drugs. Lack of routine diagnostic testing for fungal diseases exacerbates the problem of antimicrobial drug empiricism, both antibiotic and antifungal. In support of this contention, we cite 4 common clinical situations that illustrate this problem: 1) inaccurate diagnosis of fungal sepsis in hospitals and intensive care units, resulting in inappropriate use of broad-spectrum antibacterial drugs in patients with invasive candidiasis; 2) failure to diagnose chronic pulmonary aspergillosis in patients with smear-negative pulmonary tuberculosis; 3) misdiagnosis of fungal asthma, resulting in unnecessary treatment with antibacterial drugs instead of antifungal drugs and missed diagnoses of life-threatening invasive aspergillosis in patients with chronic obstructive pulmonary disease; and 4) overtreatment and undertreat

accelerating efforts with multipronged approaches tailored to individual countries and healthcare settings. Even if the difficult task of developing new antimicrobial drugs is successful, current efforts aimed at reducing the development of resistance will need to be maintained to protect these novel compounds.

A central tenet of controlling AMR is antibiotic drug stewardship, which seeks to limit inappropriate antibiotic drug usage by avoiding unnecessary prescribing, including discontinuing antibiotic therapy if it is not required. Within the context of stewardship programs, inadequate attention has been paid to fungal infection as the cause of antibacterial treatment failure. Furthermore, the importance of the accurate and timely diagnosis of fungal infections in

59

Challenges to Overcome



- Infections beyond health care facilities
 - Congregate settings and in community (carriers of MDR organisms)
- Lack of responsibility and accountability
- Deficient IPC support in congregate settings

60

Way Forward



- Infection Prevention & Control Program
- Diagnostic Stewardship
- Antibiotic Stewardship
- Risk assessment of AMR in the food chain, environment in a public health perspective
- A higher profile research on IC and AMR in health care settings
- Enough funding for research to address current gaps

61

Good Infection Control Practices



- Aseptic technique for all sterile procedures
- Remove indwelling devices when no longer needed
- Isolation of patient with communicable diseases/multi-resistant organism
- Placing mechanically ventilated patients in a semi-recumbent position
- Minimize number of people in OT
- Staff education and training

Damani NN. Journal of Hospital Infection 2007; 65(S1): 151-4

62

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Policies



- Policy for hand hygiene
- Policy of Hepatitis B vaccination
- Disinfectant policy
- Needle stick injury policy
- Waste management policy

63

Impact of Staff Education Programme on Ventilator-associated Pneumonia

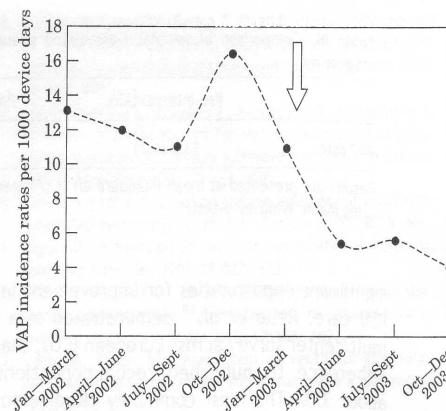


Reduction in incidence of VAP from 13.2 to 6.5 episodes /1000 ventilator days

Salahuddin N et al. J Hosp Infect 2004;57: 223-227

Reduction in incidence of VAP from 12.6 to 5.7 episodes /1000 ventilator days

Zack JE, Crit Care Med. 2002;30:2407-2412



64

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SENIC

Study on the Efficacy of Nosocomial Infection Control



- 1 infection control nurse per 200 to 250 beds
- 1 hospital epidemiologist per hospital (1000 beds)
- Organized surveillance for nosocomial infections
- Feedback of nosocomial infection rates

Haley RW et al. Am J Epidemiol 1985;121(2):182-205

65

IC– Quarterly Report



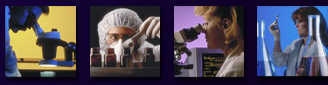
1. Period : _____
2. Hospital / Institute: _____
3. Hospital Classified as: _____
4. In Charge _____
5. Infection Control Committee:
Composition
President: _____
No. of Members: _____
Administrative Officer member ICC: _____
Nursing Officer member ICC: _____
Is any of the sanitary staff member: _____
Last infection control meeting held on: _____

66

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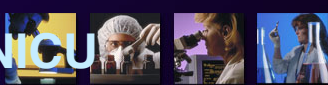


INFECTION CONTROL – QUARTERLY REPORT

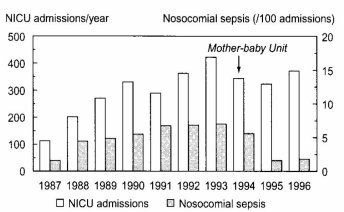
1. Period: _____
2. Hospital / Institute: _____
3. Hospital Classified as: _____
4. Commandant / Commanding Officer: _____
5. **Infection Control Committee:**
 - a. Composition:
 - 1) President: _____
 - 2) No. of Members: _____
 - 3) Is 2 IC/ Adm Offr member of ICC: _____
 - 4) Is any AFNS offr member of ICC: _____
 - 5) Is any of the sanitary staff member: _____
 - b. Last infection control meeting held on: _____
6. **Diagnostic Facilities:**
 - a. Facilities adequate for bacteriological culture: _____
 - b. No. of specimens processed for culture during the qtr: _____
 - c. Number of overall positive cultures: _____
 - d. Can MRSA be detected in the lab: _____
 - e. If yes, no. of MRSA isolated during the qtr: _____
 - f. Can ESBL be detected in the lab: _____
 - g. If yes, no. of ESBL isolated during the qtr: _____
 - h. Can VRE be detected: _____
 - j. If yes, no. of VRE isolated during the qtr: _____
7. **Infectious cases:**
 - a. No. of infectious (notifiable) cases admitted: _____
 - b. No. of hospital acquired infections: _____
 - c. Isolation facilities adequate: _____
 - d. Number of isolation beds available in the hosp: _____
8. **Antimicrobials:**
 - a. Total LP expenditure on antimicrobials: _____
 - b. Expenses incurred on purchase of:
 - 1) Vancomycin/Clotrimazole: _____
 - 2) Imipenem / Meropenem: _____
 - 3) Sulzone / Tacocin: _____
 - c. Is there any antibiotic policy: _____
9. **Infection Control Measures:**
 - a. MRSA protocol available with wards/lab: _____
 - b. Adequate hand washing facilities exist:
 - 1) In wards: _____
 - 2) In OPDs: _____
 - c. Alcohol scrub/hand disinfectant avail at washing area: _____

67

Nosocomial infections in NICU



- **Active involvement of mother in regular monitoring of babies**
- **Strict hand washing before and after handling babies**
- **Co-bedding of mother and infant (use of a heated cot as required & minimum use of incubators)**
- **Encourage breast feeding (less need for Parenteral feeding)**
- **All procedures were undertaken by trained nurse**
- **Minimal visitors**

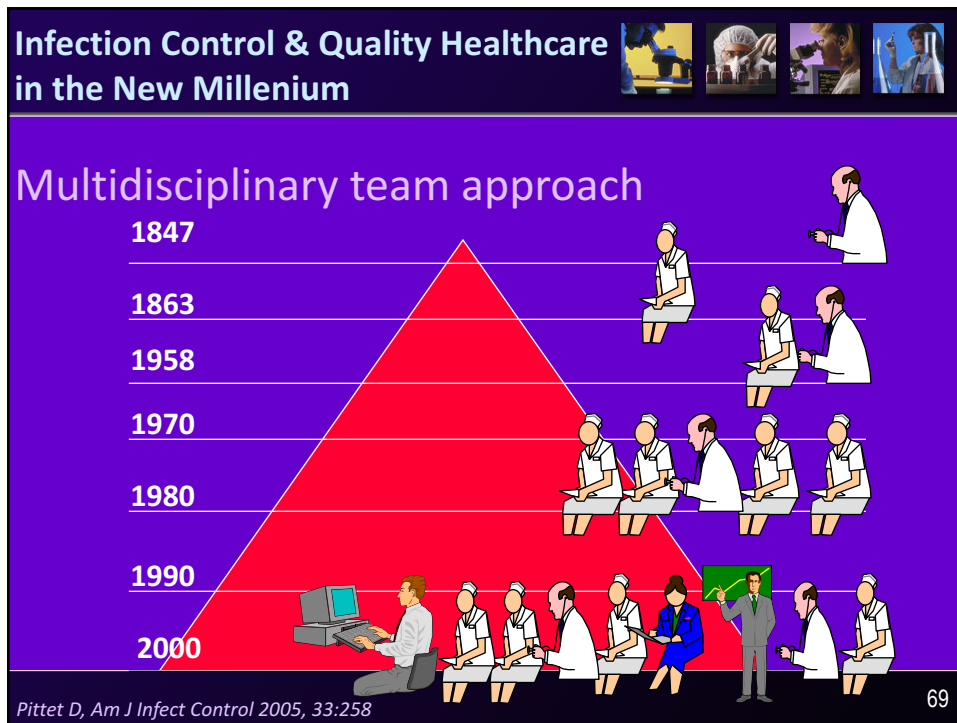


| Year | NICU admissions | Nosocomial sepsis (/100 admissions) |
|------|-----------------|-------------------------------------|
| 1987 | 100 | 2.5 |
| 1988 | 200 | 3.5 |
| 1989 | 150 | 4.5 |
| 1990 | 250 | 5.5 |
| 1991 | 300 | 6.5 |
| 1992 | 350 | 7.5 |
| 1993 | 400 | 8.5 |
| 1994 | 350 | 7.5 |
| 1995 | 300 | 6.5 |
| 1996 | 250 | 5.5 |

Bhutta ZA, et al. 1997 & Bhutta ZA, et al. BMJ 2004;329:1151-5

68

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Message



- Continuous surveillance
- Judicious antibiotic monitoring
- Proper infection control policies
- Strict implementation
- Stringent sterilization & disinfection
- Regular auditing
- Efficient Infection control network
- Apposite waste disposal

BEWARE

70

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Profoundly indebted

71

| www.webbertraining.com/schedulep1.php | |
|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| July 19, 2018 | <p>FLOOD REMEDIATION IN HEALTHCARE FACILITIES – INFECTION CONTROL IMPLICATIONS Speaker: Michael Buck, University of Minnesota</p> <p><i>(FREE Teleclass)</i></p> |
| August 16, 2018 | <p>INTERPRETING RESEARCH EVIDENCE: A KEY SKILL FOR INFECTION CONTROL PROFESSIONALS Speaker: Prof. Donna Moralejo, Memorial University School of Nursing, Newfoundland</p> |
| September 6, 2018 | <p>MOLECULAR DIAGNOSTICS AND ITS ROLE IN INFECTION PREVENTION Speaker: Sanchita Das, University of Chicago</p> <p><i>(FREE Teleclass)</i></p> |
| September 13, 2018 | <p>NEONATAL SEPSIS PREVENTION IN LOW-RESOURCE SETTINGS Speaker: Prof. Dr Angela Dramowski, Stellenbosch University, Cape Town</p> |
| September 20, 2018 | <p>THE SILENT TSUNAMI OF AZOLE-RESISTANCE IN THE OPPORTUNISTIC FUNGUS <i>ASPERGILLUS FUMIGATUS</i> (postponed) Speaker: Prof. Paul E. Verweij, Radboud University Center of Expertise in Mycology, The Netherlands</p> |
| September 27, 2018 | <p>CHLORHEXIDINE USE AND BACTERIAL RESISTANCE Speaker: Prof. Jean Yves Maillard, Cardiff University, Wales</p> |

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