

# Tridemics of Influenza, COVID & RSV 2021

Prof. Robert Ball

A Webber Training Teleclass

## TRIDEMICS OF INFLUENZA, COVID, & RSV 2021

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**Dep't. Medicine: Infectious Diseases & Public Health Sciences**  
Thanks to CDC, WHO, other colleagues for some slides

Hosted by Paul Webber      [www.webbertraining.com](http://www.webbertraining.com)      September 23, 2021

## Objectives

2

ATTENDING THIS SESSION WILL ENABLE THE ATTENDEE TO:

1. Outline 3 major factors in Emerging Infectious Diseases
2. Explain several major medical/ scientific similarities and differences in these pandemics
3. Describe several major preventatives re each pandemic and challenges in implementation.

### Disclosures:

No university research or pharmaceutical funding

No conflicts of interest

Dr. Ball to receive an honorarium from Webber Training

R. Ball, MD MPH FACP

Hosted by Paul Webber   [paul@webbertraining.com](mailto:paul@webbertraining.com)  
[www.webbertraining.com](http://www.webbertraining.com)

# Emerging Infectious Diseases

Generally, Emerging Infectious Diseases (EIDs) are those in which:




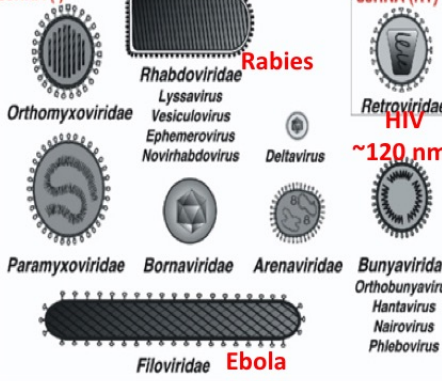

1. A **NEW** “bug” appears (eg, **HIV**, SARS, MERS, etc), or
2. An **OLD** “bug” develops new tricks (eg, **MDR-TB**, **MRSA**, etc)
3. **RESURGENCE** of a microbe thought to have been under ~ complete control (eg, **measles** in US 2014, espec. among vaccine refusers **Ebola** in  $\geq 3$  W. African nations 2013, **Zika** in 2015...)

There are **not** (great) case definitions for many of these newer EIDs.

These become a **significant global public health threat** when:

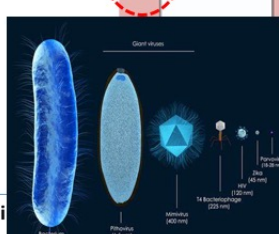
1. An epidemic/ **pandemic** occurs infecting/affecting huge #s of people;
2. Health care **resources** become too scarce to manage the problem , creating geographic, medical, social, ethical, & political dilemmas;
3. Worst case scenario: **BOTH**. (ie, USA needs >5-10K+ epidemiologists.) ACF

### Families and Genera of Viruses Infecting Vertebrates

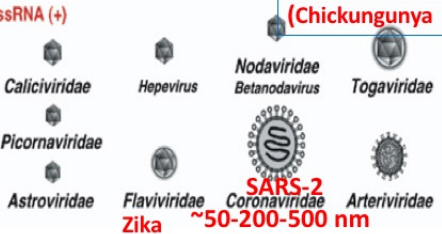
<p><b>dsDNA</b></p>  <p><b>ssDNA</b></p> 	<p><b>dsRNA</b></p> 	<p><b>ssRNA (-)</b></p> 	<p><b>ssRNA (RT)</b></p> 
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**Hepatitis A,B,C,D,E etc**      **Herpes**      **HPV**

### Influenza, RSV ~150 m



**ssRNA (+)**



**SARS-2**  
**Zika** ~50-200-500 nm

**DNA viruses: more stable**  
**RNA viruses: more mutable**

Slide courtesy of Eric Brenner, MD, Epidemiologist extraordi  
 Modified by R. Ball, MD MPH FACP



5

## Herd Immunity Thresholds for Selected Vaccine-Preventable Diseases 9.2021

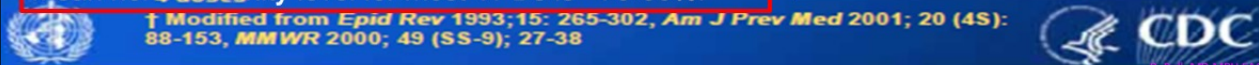
$R_0$  ( $R_i$ ) = mean # of new cases transmitted from 1<sup>0</sup> case

Disease	$R_0$	Herd Immunity	Immunization Levels	
			1999 19-35 Months	1997-1998 Pre-School
Diphtheria	6-7	85%*	83%*	9%
Measles	12-18	83-94%	92%	96%
Mumps	4-7	75-86%	92%	97%
Pertussis	12-17	92-94%	83%*	97%
Polio	5-7	80-86%	90%	97%
Rubella	6-7	83-85%	92%	97%
Smallpox	5-7	80-85%		

Attack Rate = # of people infected from 1<sup>0</sup> case in a study

Mean herd immunity level for most VPDs is ~75-80%.

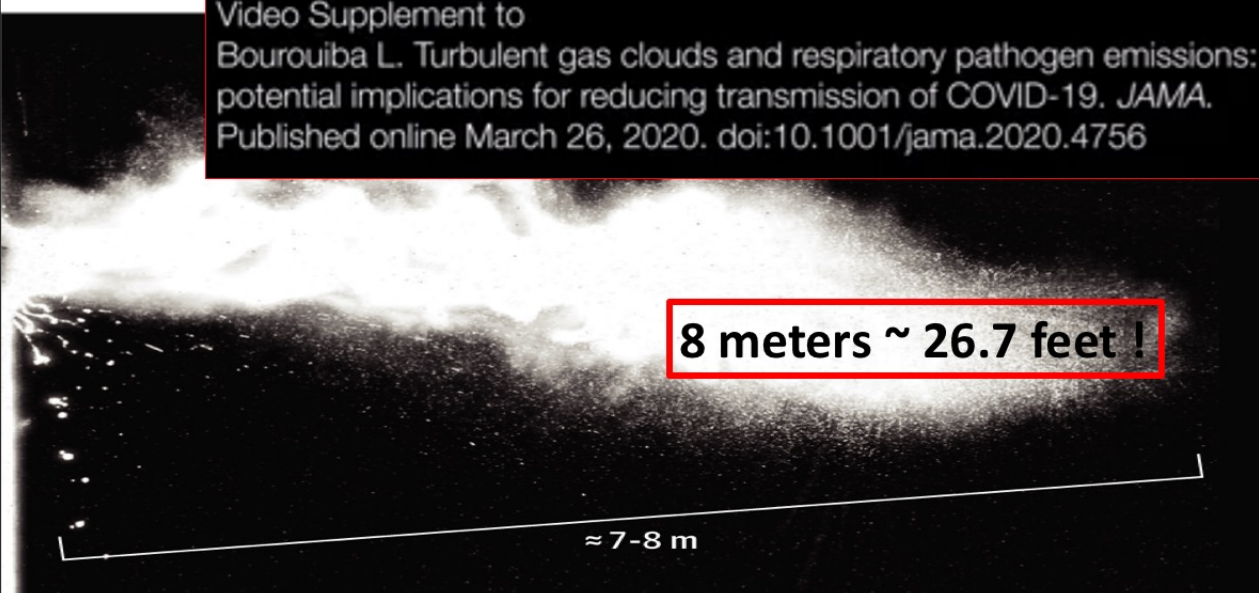
† Modified from *Epid Rev* 1993; 15: 265-302, *Am J Prev Med* 2001; 20 (4S): 88-153, *MMWR* 2000; 49 (SS-9): 27-38



Multiphase Turbulent Gas Cloud From a Human (Sneeze- L. Bourouiba) JAMA video 3.26.20 6

“A Sneeze” <https://edhub.ama-assn.org/jn-learning/video-player/18357411>

Video Supplement to  
 Bourouiba L. Turbulent gas clouds and respiratory pathogen emissions: potential implications for reducing transmission of COVID-19. *JAMA*. Published online March 26, 2020. doi:10.1001/jama.2020.4756



**8 meters ~ 26.7 feet !**

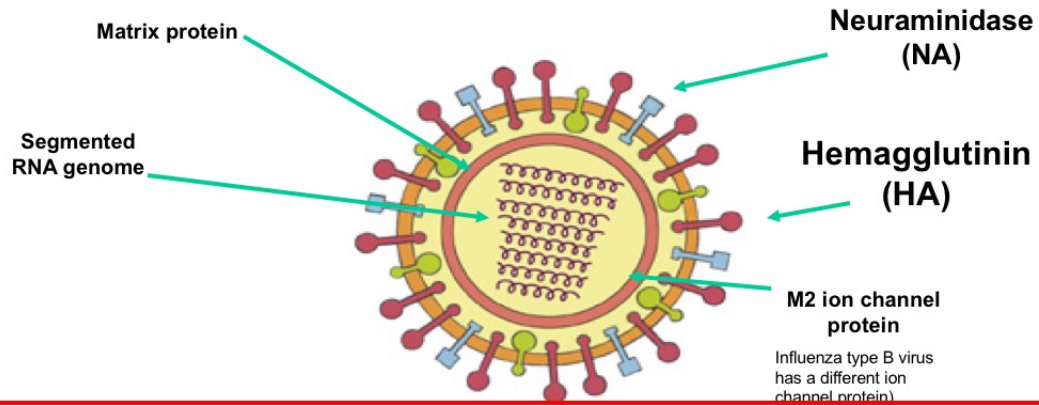
≈ 7-8 m

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## Influenza Virus- Types A, B

Type A: usually either A-H3N2 (worst) or A-H1N1.

Type B occurs early/ late, sl. Less severe

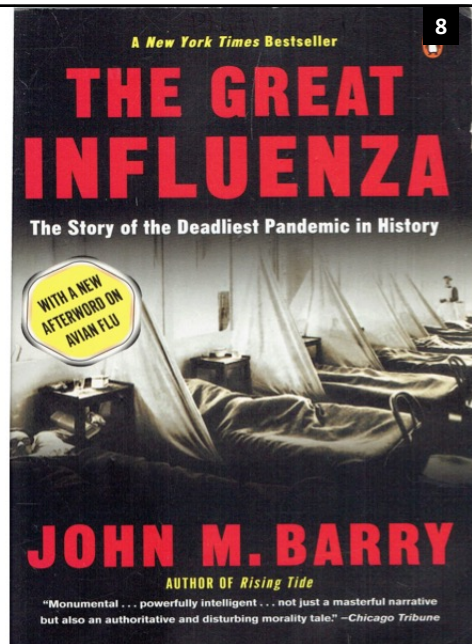


**Frequent mutations in either/both Hemagglutinin (18 varieties) or Neuraminidase (11 varieties) protein surface “spikes” = 198 possible combos !**

## Pandemic Influenza: 1918



Soldiers from Camp (Fort) Riley, KS, ill with Spanish influenza at a hospital ward at Camp Funston, Haskell Co. “Spanish Flu” thought to have also originated in America.





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## A/South Carolina/1/18 H

Proc. Natl. Acad. Sci. USA  
 Vol. 96, pp. 1651-1656, February 1999  
 Microbiology

**Proc. NAS Feb. 1999** ★

**Origin and evolution of the 1918 "Spanish" influenza virus hemagglutinin gene**

ANN H. REID\*, THOMAS G. FANNING, JOHAN V. HULTIN, AND JEFFERY K. TAUBENBERGER

Division of Molecular Pathology, Department of Cellular Pathology, Armed Forces Institute of Pathology, Washington, DC 20306-6000

Communicated by Edwin D. Kilbourne, New York Medical College, Valhalla, NY, November 18, 1998 (received for review August 7, 1998)

# INFLUENZA PANDEMIC

## MORTALITY IN AMERICA AND EUROPE DURING 1918 AND 1919

DEATHS FROM ALL CAUSES EACH WEEK  
 EXPRESSED AS AN ANNUAL RATE PER 1000

NEW YORK  
 LONDON  
 PARIS  
 BERLIN

BERLIN RATES MISSING FOR AUG. 17, 31, OCT. 19, 1918.

Vaughn et al- Epi & Public Health textbook- Vol.1 Respiratory Infections 1922

**ABSTRACT** The "Spanish" influenza pandemic killed over 20 million people in 1918 and 1919, making it the worst infectious pandemic in history. Here, we report the complete sequence of the hemagglutinin (HA) gene of the 1918 virus. Influenza RNA for the analysis was isolated from a formalin-fixed, paraffin-embedded lung tissue sample prepared during the autopsy of a victim of the influenza pandemic in 1918. Influenza RNA was also isolated from lung tissue samples from two additional victims of the lethal 1918 influenza: one formalin-fixed, paraffin-embedded sample and one frozen sample obtained by *in situ* biopsy of the lung of a victim buried in permafrost since 1918. The complete coding sequence of the A/South Carolina/1/18 HA gene was obtained. The HA1 domain sequence was confirmed by using the two additional isolates (A/New York/1/18 and A/Brevig Mission/1/18). The sequences show little variation. Phylogenetic analyses suggest that the 1918 virus HA gene, although more closely related to avian strains than any other mammalian sequence, is mammalian and may have been adapting in humans before 1918.

## Pandemic mortality "U" & "W" curves: 1918

**WHY THIS SPIKE?**

Figure 2. "U-" and "W-" shaped combined influenza and pneumonia mortality, by age at death, per 100,000 persons in each age group, United States, 1911-1918. Influenza- and pneumonia-specific death rates are plotted for the interpandemic years 1911-1917 (dashed line) and for the pandemic year 1918 (solid line) (33, 34).

**Dr. Mike Osterholm**

**"Cytokine Storm" = hyperimmune response**

Acute respiratory distress syndrome  
 Necrosis  
 Tissue destruction  
 Influx of leukocytes  
 Dilatation of blood vessels

N ENGL J MED 352:718 WWW.NEJM.ORG MAY 5, 2005

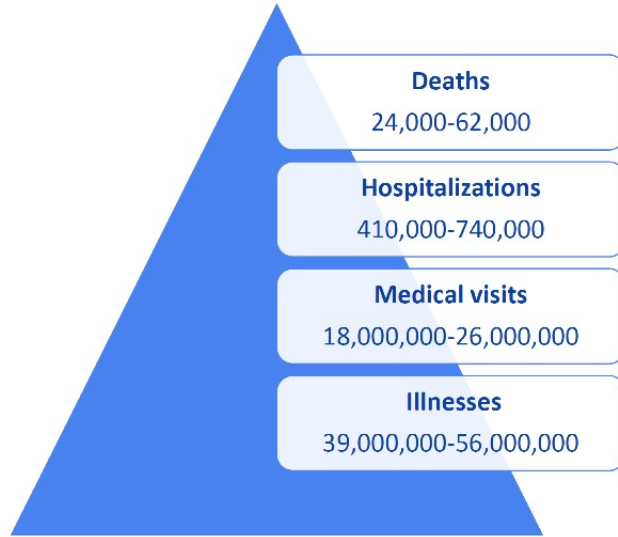
**Proposed Mechanism of the Cytokine Storm Evoked by Influenzavirus.**  
 The key element in generating the storm is an uncontrolled exuberant immune response to the virus, in which there is an outpouring of proinflammatory cytokines and chemoattractants. An animated version of this figure is available at [www.nejm.org](http://www.nejm.org).

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11

## Summary of 2019-2020 influenza season

- Two consecutive waves
  - 1<sup>st</sup> wave predominantly influenza B/Victoria viruses
  - 2<sup>nd</sup> wave driven by influenza A (H1N1)
- Pediatric deaths reported to CDC for the 2019-2020 season: **185\***



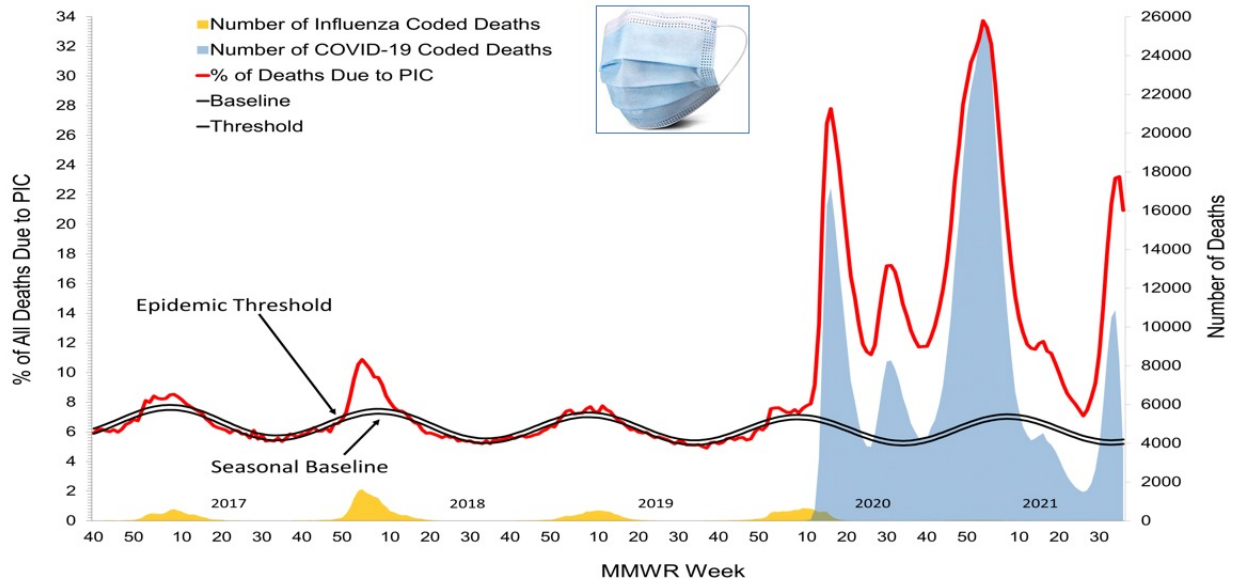
\*As of June 13, 2020  
<https://www.cdc.gov/flu/about/burden/preliminary-in-season-estimates.htm>

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12

## Pneumonia, Influenza, and COVID-19 Mortality from the National Center for Health Statistics Mortality Surveillance System

Data as of September 16, 2021



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 Joint ECDC–WHO/Europe weekly influenza update

ecdc | World Health Organization  
 REGIONAL OFFICE FOR Europe

Weekly overview | Season overview | Primary care data | Hospital data | Virus characteristics | Vaccine | About us | Bulletin archives

### Weekly influenza overview

Weeks 33-36/2021 (16 August-12 September 2021)

- Influenza activity remained at interseasonal levels.
- Display of data will be updated on a monthly basis during the interseason period (weeks 21-39).

#### Qualitative indicators

Information on countries and areas reporting on intensity of activity and geographic spread for this week can be seen on the maps below.

**Please note:**

- Assessment of the intensity of activity indicator includes consideration of ILI or ARI rates. These ILI or ARI rates are higher than influenza, including SARS-CoV-2, leading to observed increases in the absence of influenza virus activity.
- Assessment of intensity and geographic spread indicators includes consideration of sentinel and non-sentinel influenza virus detections, often higher, might translate into reporting of elevated geographic spread even in the absence of influenza activity.

EU map layout | WHO map layout

Intensity of influenza | Geographic spread of influenza

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Centers for Disease Control and Prevention

**MMWR**

Morbidity and Mortality Weekly Report

Recommendations and Reports / Vol. 70 / No. 5

August 27, 2021

- Main influenza vaccine types include:
  - **IIV** = inactivated influenza vaccine
  - **RIV** = recombinant influenza vaccine
  - **LAIV** = live attenuated influenza vaccine
- Numerical following letter abbreviations indicate valency (the number of influenza virus hemagglutinin [HA] antigens represented in the vaccine):
  - **4** for quadrivalent vaccines: one A(H1N1), one A(H3N2), and two B viruses (one from each lineage)
  - **3** for trivalent vaccines: one A(H1N1), one A(H3N2), and one B virus (from one lineage)
- All influenza vaccines expected to be available in the United States for the 2021–22 season are quadrivalent vaccines. However, abbreviations for trivalent vaccines (e.g., IIV3) might be used in this document when discussing information specific to trivalent vaccines.
- Abbreviations for general vaccine categories (e.g., IIV) might be used when discussing information that is not specific to either trivalent or quadrivalent vaccines.
- Prefixes are used when necessary to refer to some specific IIVs:
  - **a** for adjuvanted inactivated influenza vaccine (e.g., aIIV3 and aIIV4)
  - **cc** for cell culture–based inactivated influenza vaccine (e.g., ccIIV3 and ccIIV4)
  - **HD** for high-dose inactivated influenza vaccine (e.g., HD-IIV3 and HD-IIV4)
  - **SD** for standard-dose inactivated influenza vaccine (e.g., SD-IIV3 and SD-IIV4)

## Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices, United States, 2021–22 Influenza Season

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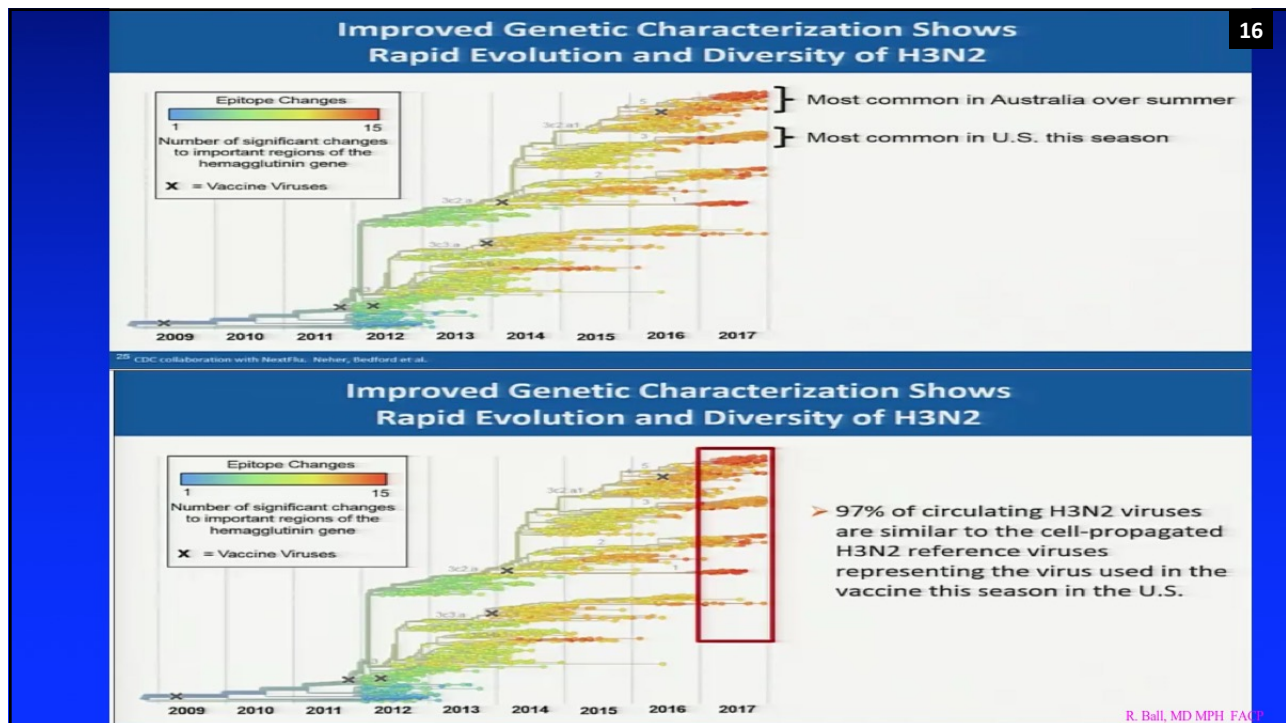
**15**

**TABLE 1. Influenza vaccines — United States, 2021–22 influenza season\***

Trade name (manufacturer)	Presentations	Age Indication	µg HA (IIV4s and RIV4) or virus count (LAIV4) for each vaccine virus (per dose)	Route	Mercury (from thimerosal, if present), µg/0.5 mL
<b>IIV4 (standard-dose, egg-based vaccines<sup>†</sup>)</b>					
Afluria Quadrivalent (Seqirus)	0.25-mL PFS <sup>§</sup>	6 through 35 mos <sup>§</sup>	7.5 µg/0.25 mL	IM <sup>¶</sup>	—
	0.5-mL PFS <sup>§</sup>	≥3 yrs <sup>§</sup>	15 µg/0.5 mL	IM <sup>¶</sup>	—
	5.0-mL MDV <sup>§</sup>	≥6 mos <sup>§</sup> (needle/syringe) 18 through 64 yrs (jet injector)	15 µg/0.5 mL	IM <sup>¶</sup>	24.5
Fluarix Quadrivalent (GlaxoSmithKline)	0.5-mL PFS	≥6 mos	15 µg/0.5 mL	IM <sup>¶</sup>	—
FluLaval Quadrivalent (GlaxoSmithKline)	0.5-mL PFS	≥6 mos	15 µg/0.5 mL	IM <sup>¶</sup>	—
Fluzone Quadrivalent (Sanofi Pasteur)	0.5-mL PFS**	≥6 mos**	15 µg/0.5 mL	IM <sup>¶</sup>	—
	0.5-mL SDV**	≥6 mos**	15 µg/0.5 mL	IM <sup>¶</sup>	—
	5.0-mL MDV**	≥6 mos**	15 µg/0.5 mL 7.5 µg/0.25 mL	IM <sup>¶</sup>	25
<b>ccIIV4 (standard-dose, cell culture–based vaccine)</b>					
Flucelvax Quadrivalent (Seqirus)	0.5-mL PFS	≥2 yrs	15 µg/0.5 mL	IM <sup>¶</sup>	—
	5.0-mL MDV	≥2 yrs	15 µg/0.5 mL	IM <sup>¶</sup>	25
<b>HD-IIV4 (high-dose, egg-based vaccine<sup>†</sup>)</b>					
Fluzone High-Dose Quadrivalent (Sanofi Pasteur) #	0.7-mL PFS	≥65 yrs	60 µg/0.7 mL	IM <sup>¶</sup>	—
<b>aIIV4 (standard-dose, egg-based<sup>†</sup> vaccine with MF59 adjuvant)</b>					
Fluad Quadrivalent (Seqirus)	0.5-mL PFS	≥65 yrs	15 µg/0.5 mL	IM <sup>¶</sup>	—
<b>RIV4 (recombinant HA vaccine)</b>					
Flublok Quadrivalent (Sanofi Pasteur) *	0.5-mL PFS	≥18 yrs	45 µg/0.5 mL	IM <sup>¶</sup>	—
<b>LAIV4 (egg-based vaccine<sup>†</sup>)</b>					
FluMist Quadrivalent (AstraZeneca)	0.2-mL prefilled single-use intranasal sprayer	2 through 49 yrs	10 <sup>6.5–7.5</sup> fluorescent focus units/0.2 mL	NAS	—

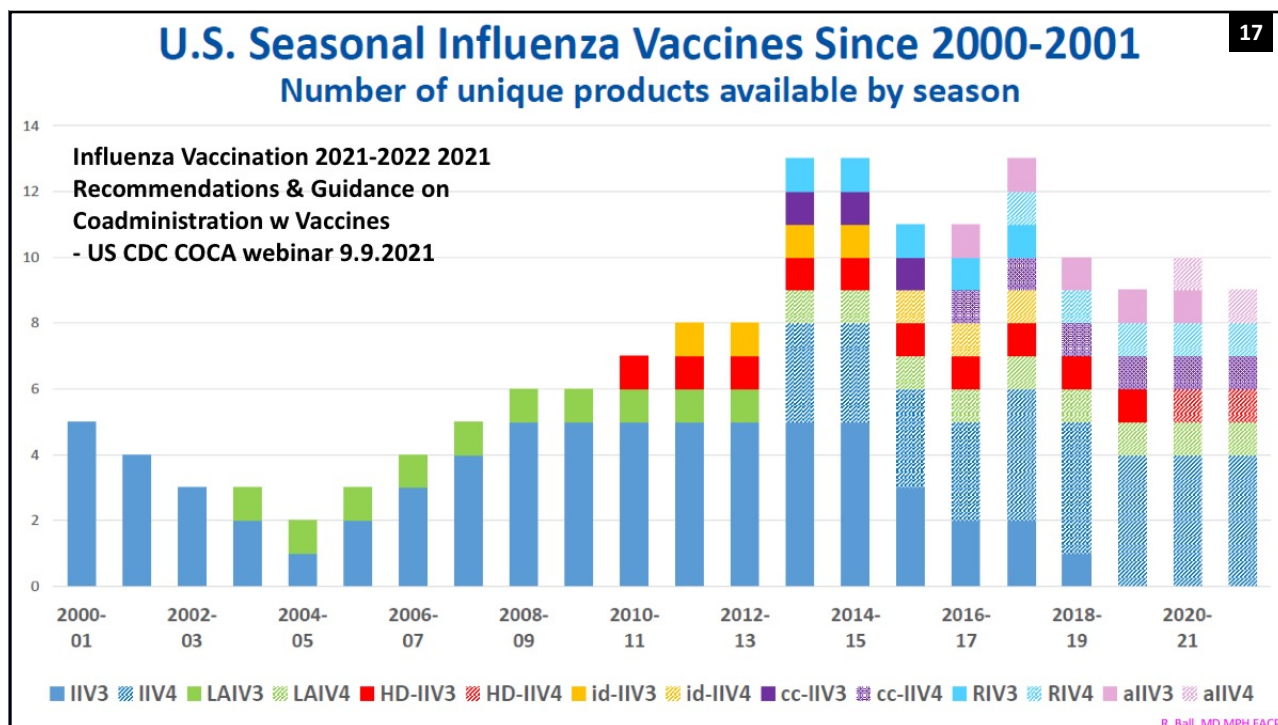
**Abbreviations:** ACIP = Advisory Committee on Immunization Practices; FDA = Food and Drug Administration; HA = hemagglutinin; IIV4 = inactivated influenza vaccine, quadrivalent; IM = intramuscular; LAIV4 = live attenuated influenza vaccine, quadrivalent; MDV = multidose vial; NAS = intranasal; PFS = prefilled syringe; RIV4 = recombinant influenza vaccine, quadrivalent; SDV = single-dose vial.

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## Influenza Antiviral Medications





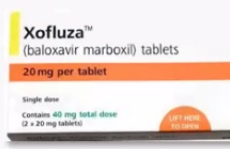
Influenza webinar- CDC COCA 2.5.2019

18

- Four FDA-approved antivirals are recommended for use in the United States
  - Neuraminidase inhibitors: oral oseltamivir, inhaled zanamivir, and intravenous peramivir
  - Cap-dependent endonuclease inhibitor: oral baloxavir

Drug	Route	Treatment	Chemoprophylaxis	Adverse Events
Osetamivir	Oral	Any age	≥3 months	Nausea, vomiting, headache*
Zanamivir	Inhaled	≥7 years	≥5 years	Bronchospasm*
Peramivir	Intravenous	≥2 years	N/A	Diarrhea*
Baloxavir	Oral	≥12 years	N/A	(none more common than placebo)

\*Post-marketing reports of serious skin reactions and sporadic, transient neuropsychiatric events

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19




## Vaccine Coadministration

**Andrew Kroger, MD, MPH**  
 Immunization Services Division, NCIRD, CDC

Clinician Outreach and Communication Activity (COCA)  
 Webinar

September 9, 2021



**Influenza Vaccination 2021-2022:  
 Recommendations & Guidance on  
 Coadministration w COVID-19 Vaccines**  
 - CDC COCA webinar 9.9.2021



For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

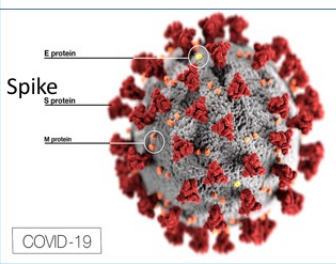
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## SARS-nCoV-2 → COVID-19: Global Pandemic 2020 →

### Coronavirus Infections—More Than Just the Common Cold

20

**FAMILY** of coronaviruses ( $\alpha, \beta, \gamma, \delta$ ) (7 strains in humans) cause ~ 1/4 of common colds, but some cause more severe diseases (ie, SARS-1, MERS, & now COVID-19). SARS-nCoV-2  $\beta$  is in the nidovirus viral order (genus betacoronavirus, subgenus sarbecovirus)




**JAMA** Published online January 23, 2020

*Thanks to many organizations, colleagues for some slides: US CDC, NIH, WHO, JHU, SC DHEC, USC SoM (I.D.), journals, & others TNTC.*

**Anthony S. Fauci, MD**  
 National Institute of Allergy and Infectious Diseases, National Institutes of Health, Bethesda, Maryland.

## SARS-CoV-2, Variants, Vaccines- Update 9.2021

**Robert T Ball Jr, MD MPH FACP**  
*Assistant Professor: Medical University of SC/ USA  
 Department of Medicine,  
 Division of Infectious Diseases & Dept. Public Health Sciences  
 (ballrt@musc.edu)*



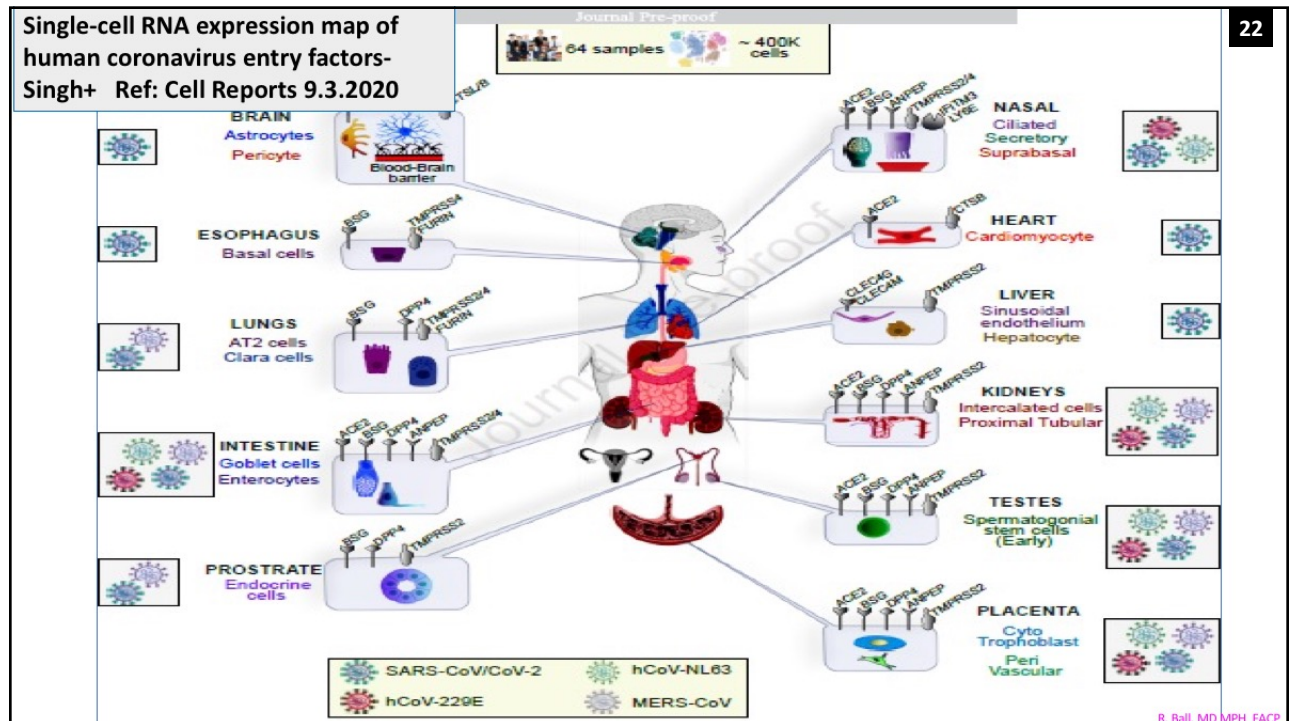
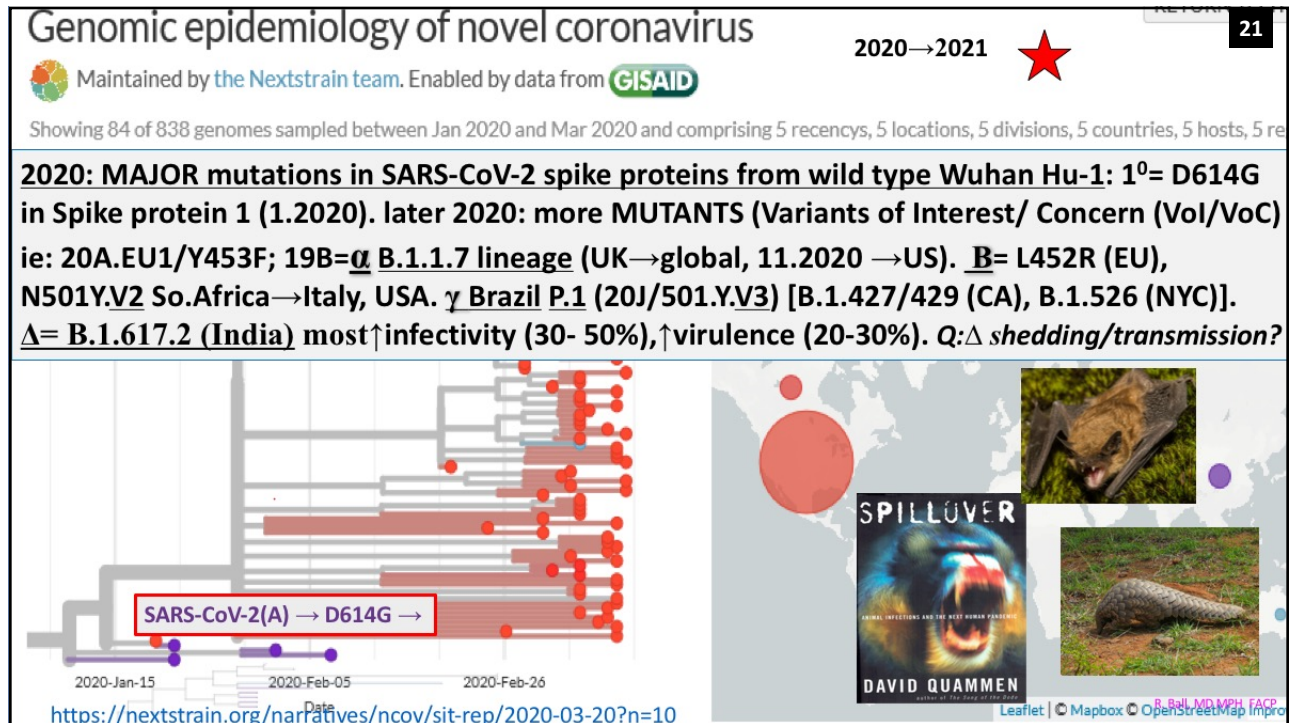
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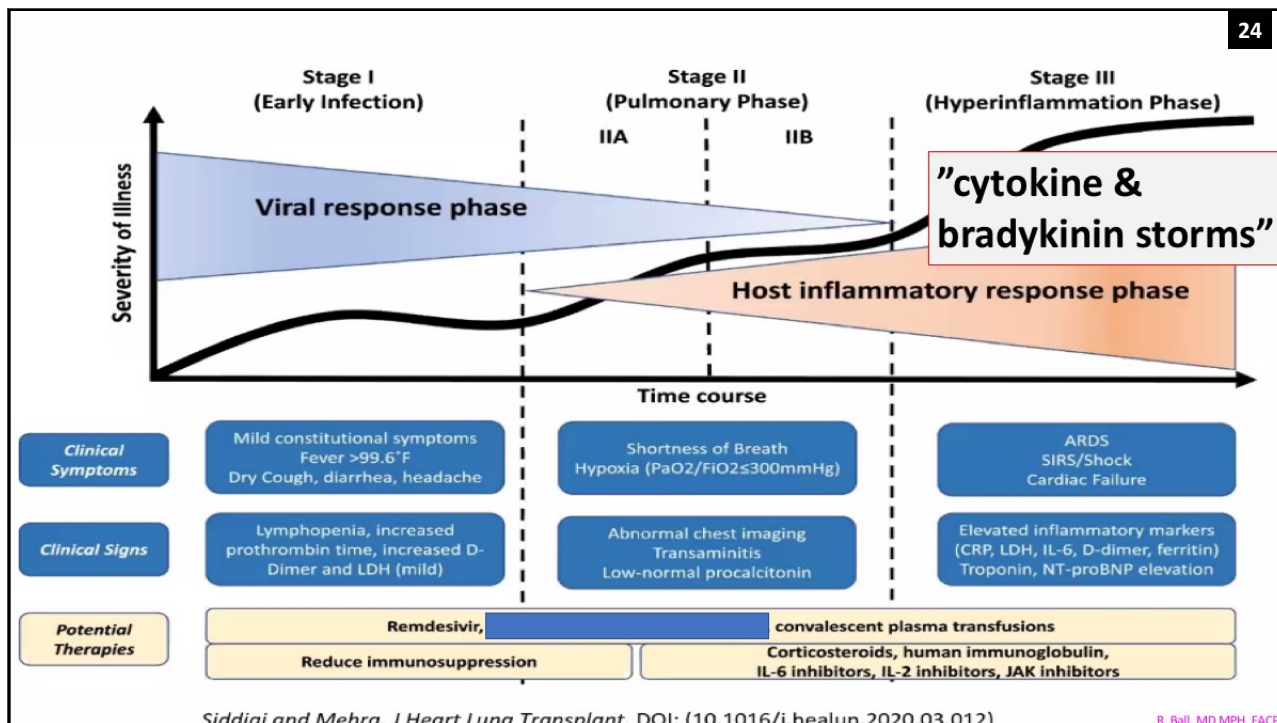


Some COVID Clinical Sx, Signs: [www.cdc.gov](http://www.cdc.gov) et al 2020

23

- 1<sup>o</sup>: fever, cough, dyspnea, fatigue, anorexia, sore throat, headache, odd rashes...
- Loss of **smell (anosmia), taste (ageusia)** [direct infection: NP cells, cranial nerves]
- CNS & peripheral neurologic events, including encephalopathies, meningitis, peripheral neuropathies, psychiatric anomalies (ie, psychosis), “brain fog”, others
- **COMPLICATIONS**: severe pneumonia/ “ground-glass” ARDS (~ 1/3 need ventilators, ~ 1/3 never wean off, die); scattered thrombotic/ thromboembolic events in multiple body sites. Examples: cardiac [ie, MIs]; CNS [ie, strokes, incl. large vessel, even in young patients]; pulmonary [eg, pulm. embolism]; renal [ARN, etc]; limbs [eg, “COVID-toes”]; ~MG; diffuse “microthrombi” @ autopsy.
- **Others** (rare): multiple Sx: Multisystem Inflammatory Syndrome-Children (**MIS-C**, or MIS-Adults) ~Kawasaki disease (ongoing cytokine storm)→odd focal/ diffuse rashes; myo-pericarditis; peritonitis (abdominal pain+); shock; cardiac arrest.

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24

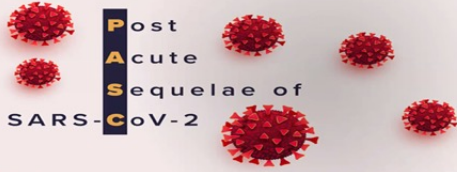
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25

A study found that more than 30% of 177 participants had COVID-19 symptoms that persisted for as long as 9 months. These long-term effects have been given a new acronym.



**P**ost  
**A**cute  
**S**equelae of  
**SARS-CoV-2**

of Neurological Symptoms:

SARS-CoV-2 Infection

**Systemic Disease**

- Multi-organ failure  
HIE  
Metabolic encephalopathies
- Coagulopathies  
Stroke  
Paradoxical embolism
- Inflammation  
Encephalopathies

**Direct invasion**

- Viral encephalitides/  
Meningitis/endothelialitis
- Anosmia/ Aguesia
- Myopathies
- Cardiomyopathy

**Immune Mediated**

- GBS like Illnesses
- Pro-inflammatory state  
causing thrombophilia
- Micro-angiopathic changes
- Destabilization of Vascular  
Plaques


Post-COVID Syndrome, aka PACS, “Long-COVID”, or “Long-Haulers”: persistent or recurrent memory loss (“brain fog”), headache, fatigue, other Sx, even in mild COVID disease (in ~1/3 of all patients)

Medscape Source: doi:10.1001/jamanetworkopen.2021.0830

MARCUS STROKE & NEUROSCIENCE CENTER Grady

Koralnik IJ, Tyler KL. COVID-19; Ann Neurol. 2020 Jul  
 Connors JM, Levy JH. J Thromb Haemost. 2020 Jul  
 Margo C et al; Transl Res. 2020 Jun 2020

- ACMT webinar 1.13.2021  
 - JAMA 2021



26

9.22.2021

**SARS-2 → COVID-19: JHU global pandemic #s**

<https://coronavirus.jhu.edu/map.html>

**COVID-19 Dashboard** by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)

**Total Cases**  
**229,543,672**

**Total Deaths**  
**4,708,355**

**Total Vaccine Doses Administered**  
**5,965,226,507**

**28-Day Cases**  
**16,190,229**

**28-Day Deaths**  
**254,820**


**28-Day Vaccine Doses Administered**  
**891,387,179**

**Cases | Deaths by Country/Region/Sovereignty**

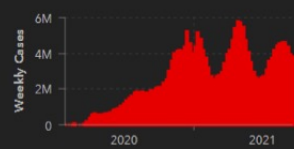
**US**  
28-Day: **4,219,654** | **46,745**  
Totals: **42,413,485** | **678,502**

**India**  
28-Day: **992,168** | **9,627**  
Totals: **33,531,498** | **445,768**


**United Kingdom**  
28-Day: **945,741** | **3,619**  
Totals: **7,531,922** | **135,793**




**Weekly Cases**



**Weekly Deaths**



**Weekly Doses Administered**



**Global mortality ↑ from ~3-5%, ↓ to ~2% since Jan. 2020 (vs Pandemic Flu 1918+ ~0.3%)**  
**USA: >42 m. cases, >677K dead: mortality ~1.6%**  
**CFR eventually will ↓ p mass testing (Ab+s etc)**

Esri, FAO, ...

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<https://www.worldometers.info/coronavirus/coronavirus-cases/#total-cases> 9.22.2021 27

worldometer Coronavirus Population

COVID-19 CORONAVIRUS PANDEMIC  
Last updated: September 22, 2021, 01:15 GMT

[Weekly Trends](#) - [Graphs](#) - [Countries](#) - [News](#)

**Coronavirus Cases:**  
**230,274,719**

[view by country](#)

---

**4,721,571**

Recovered:  
**206,993,314**

ACTIVE CASES  CLOSED CASES

**Daily New Cases**  
Cases per Day  
 Data as of 0:00 GMT+0

**Daily Deaths**  
Deaths per Day  
 Data as of 0:00 GMT+0

**~ 2% current mortality rate. USA 1.6% (~1/4 of all global deaths)**

**US CDC estimates 2-5x as many COVID cases as reported (+) tests.**

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Search by Country, Territory, or Area 28

WHO Coronavirus (COVID-19) Dashboard covid19.who.int 21 Sept. 2021 Back to top

**Situation by WHO Region** Daily Weekly Cases Deaths Count

Region	Confirmed Cases
Americas	88,207,746
Europe	68,568,504
South-East Asia	42,594,207
Eastern Mediterranean	15,515,094
Western Pacific	7,995,114
Africa	5,926,202

Source: World Health Organization  
 Data may be incomplete for the current day or week.

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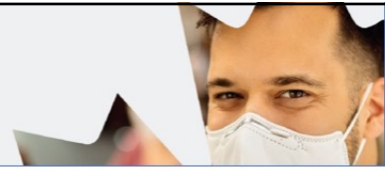
Hosted by Paul Webber paul@webbertraining.com  
 www.webbertraining.com



## Update on COVID-19 in Canada: Epidemiology and Modelling

September 3, 2021

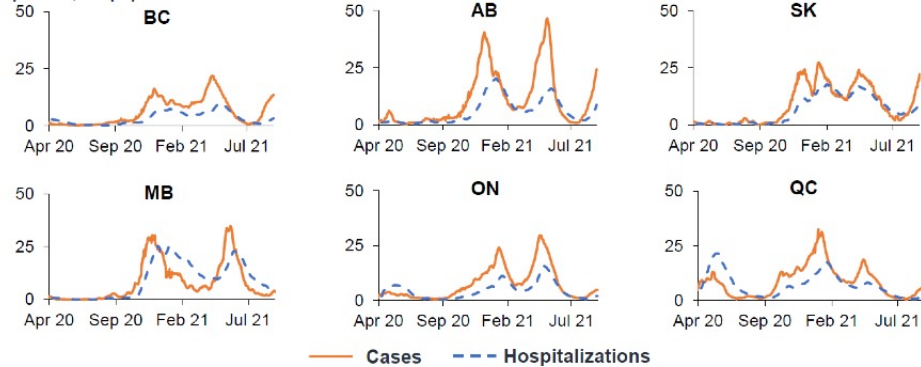
Canada.ca/coronavirus



*Great epidemiologic metrics !*

Regional COVID-19 trends show hospital and ICU occupancy increasing, following weeks of rapidly increasing cases in some jurisdictions

Number cases / In hospital per 100,000 population



Data as of September 1, 2021

Note: Daily cases trend lines reflect 7-day moving averages. Total number in hospitals include all people in hospital on that day.

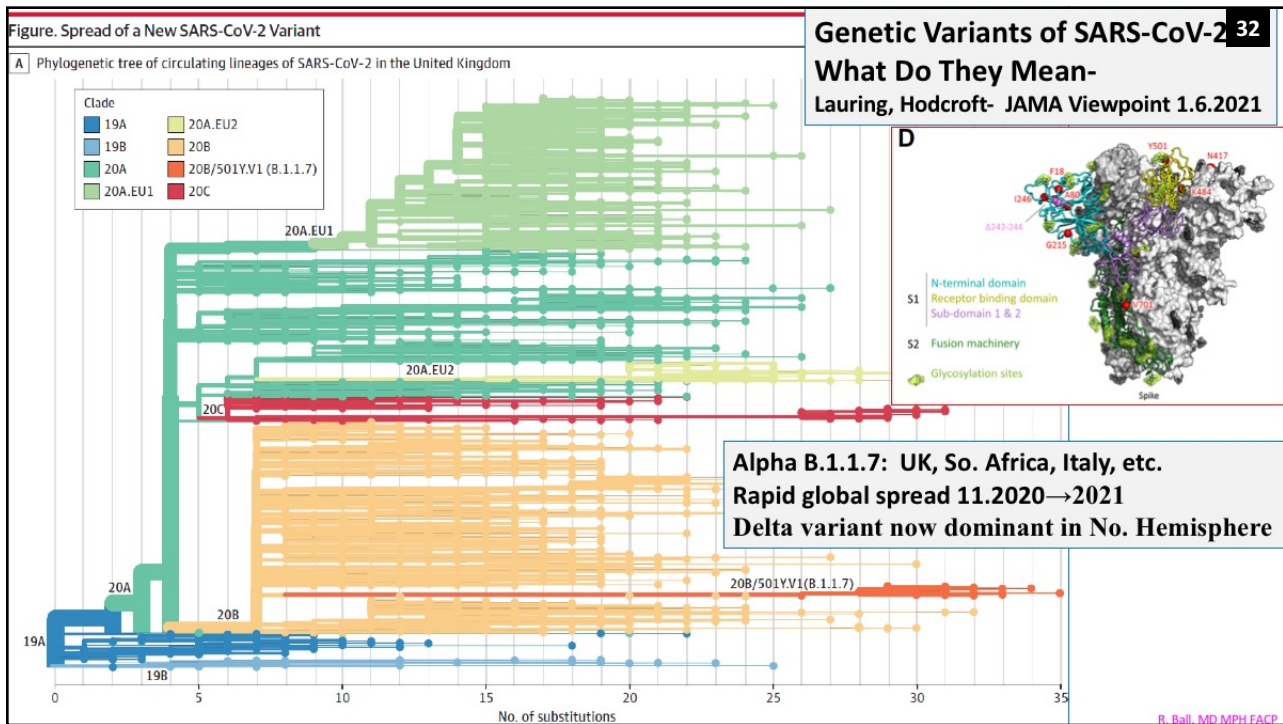
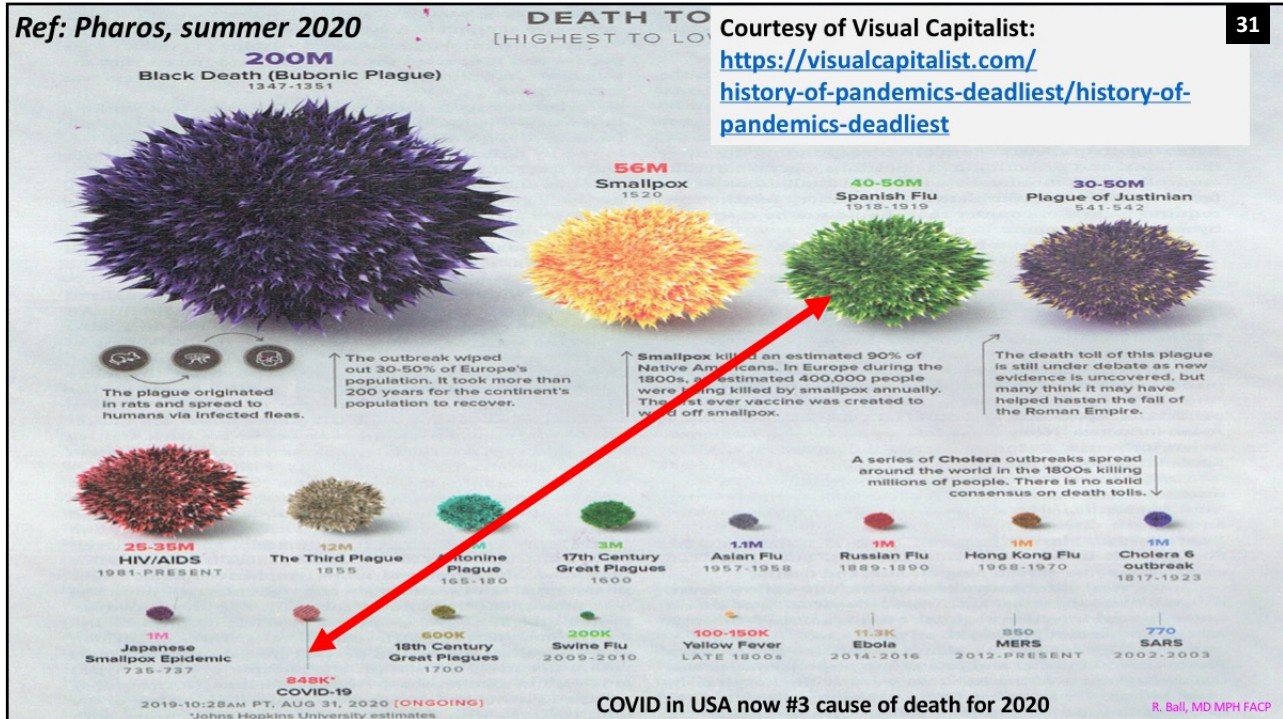
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## Modern US Pandemics: Mortality comparison

- The COVID-19 pandemic has become the deadliest disease event in American (no other country) history, now with a death toll surpassing that of the 1918 Spanish flu.
- The “Spanish Flu” was previously the disease event that caused the biggest loss of life in the United States; the CDC estimates that **675,000** Americans died during the 1918 pandemic, in waves of illness that stretched out over ~2 years in this country.
- COVID deaths as of 9.21.2021 in USA per [STATNews.com Covid-19 Tracker](https://www.statnews.com/covid-19-tracker/) **>675,400+**; Worldometer: **696,853+**; JHU: **678,502**. These #s will >1 million soon.
- Most experts predict: multiple mutations (variants) and COVID waves yearly through the next few years, requiring annual updated booster vaccines, multiple other mitigation measures, with multiple coronaviruses becoming endemic globally for years/ decades to come.

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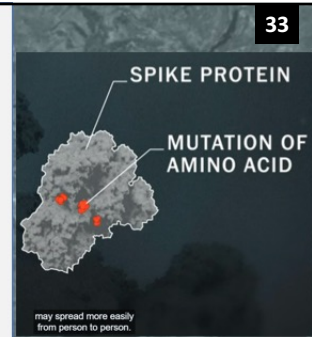
11.2020: U.K. variant is **B.1.1.7**, 20I/501Y.V1 (now Alpha), and a VoC (Variants of high Concern) 202012/01 (has E484K mutation). *NERVTAG note 1.21.2021 on B.1.1.7: ↑ transmission (50-70%) & probably increased disease severity, even death.*

South Africa variant is **B.1.351** or 20C/501Y.V2 (now Beta). Has major mutations that blunt the effects of neutralizing antibodies that recognize 2 key regions of spike: its receptor-binding and N-terminal domains.

Brazil/Japan variant: **P.1** or 20J/501Y.V3- now Gamma

India variant is **B.1.617.1 & 2** (Pango lineage)- now Delta

“Immune escape” from current vaccines is possible, but thus far vaccines prevent death, severe disease from most Vols/ VoCs.



33

New virus variants that spread more easily could lead to a rapid rise in COVID-19 cases

NOW, more than ever, it is important to slow the spread

In the U.S.

- ⚠ New cases are the highest ever and rising
- ⚠ Some health care systems are at or near capacity
- ⚠ New variants are emerging that spread more easily

MORE SPREAD → MORE CASES → MORE DEATHS

CDC.GOV

bit.ly/MMWR11521

MMWR

SARS-CoV-2 Variants of Concern | CDC

infecting younger people more this time around.

SOUTH AFRICA

Delta variant (B.1.617.1) mutation: **P681R** (transforms proline into arginine) in a region of the spike protein called the furin cleavage site (for faster virion entry into new cells).  
 - BioRxiv 8.13.2021

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34

Britain's MHRA gave EUA to Pfizer, Moderna, & Oxford/AZ vaccines 12.30.2020

Israel's COVID vaccine rollout fastest & more complete in the world; & UK, UAE, Bahrain, others...

As of 9.20.2021,  $\geq 100$  countries have (multiple) mutants.  
 more in 2021: **B.1.427/429** in California (1.17.2021), **NYC B.1.526** (1/2 of cases).  
 3.2021: Japan (B.1.1.248) & variant (P.3) from the Philippines prob 2nd- and 3rd-generation descendants of P.1 (per ISID ProMed Post 3.20.2021)

2021: most SARS-CoV-2 variants were deemed  $\geq 50\%$  more transmissible &  $\sim 30\%$  more virulent.



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35

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## SARS-CoV-2 Variants of Concern and Variants of Interest, updated 31 May 2021

### Variants of Concern

A SARS-CoV-2 variant that meets the definition of a VOI (see below) and, through a comparative assessment, has been demonstrated to be associated with one or more of the following changes at a degree of global public health significance:

- Increase in transmissibility or detrimental change in COVID-19 epidemiology; or
- Increase in virulence or change in clinical disease presentation; or
- Decrease in effectiveness of public health and social measures or available diagnostics, vaccines, therapeutics.

WHO label	Pango lineage	GISAID clade/lineage	Nextstrain clade	Earliest documented samples	Date of designation
Alpha	B.1.1.7	GRY (formerly GR/501Y.V1)	20I/S:501Y.V1	United Kingdom, Sep-2020	18-Dec-2020
Beta	B.1.351	GH/501Y.V2	20H/S:501Y.V2	South Africa, May-2020	18-Dec-2020
Gamma	P.1	GR/501Y.V3	20J/S:501Y.V3	Brazil, Nov-2020	11-Jan-2021
Delta	B.1.617.2	G/452R.V3	21A/S:478K	India, Oct-2020	VOI: 4-Apr-2021 VOC: 11-May-2021

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36

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## Variants of Interest

A SARS-CoV-2 isolate is a Variant of Interest (VOI) if, compared to a reference isolate, its genome has mutations with established or suspected phenotypic implications, and either:

- has been identified to cause community transmission/multiple COVID-19 cases/clusters, or has been detected in multiple countries; OR
- is otherwise assessed to be a VOI by

WHO label	Pango lineage	GISAID clade/lineage	Nextstrain clade	Earliest documented samples	Date of designation
Epsilon	B.1.427/B.1.429	GH/452R.V1	20C/S:452R	United States of America, Mar-2020	5-Mar-2021
Zeta	P.2	GR	20B/S:484K	Brazil, Apr-2020	17-Mar-2021
Eta	B.1.525	G/484K.V3	20A/S:484K	Multiple countries, Dec-2020	17-Mar-2021
Theta	P.3	GR	20B/S:265C	Philippines, Jan-2021	24-Mar-2021
Iota	B.1.526	GH	20C/S:484K	United States of America, Nov-2020	24-Mar-2021
Kappa	B.1.617.1	G/452R.V3	21A/S:154K	India, Oct-2020	4-Apr-2021

The Greek Alphabet

α	β	γ	δ	ε	ζ
alpha	beta	gamma	delta	epsilon	zeta
η	θ	ι	κ	λ	μ
eta	theta	iota	kappa	lambda	mu
ν	ξ	ο	π	ρ	σ/ς
nu	xi	omicron	pi	rho	sigma
τ	υ	φ	χ	ψ	ω
tau	upsilon	phi	chi	psi	omega

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# Tridemics of Influenza, COVID & RSV 2021

Prof. Robert Ball

## A Webber Training Teleclass

medRxiv preprint doi: <https://doi.org/10.1101/2021.08.20.21262342>; this version posted August 26, 2021. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted medRxiv a license to display the preprint in perpetuity. It is made available under a [CC-BY-NC-ND 4.0 International license](https://creativecommons.org/licenses/by-nc-nd/4.0/).

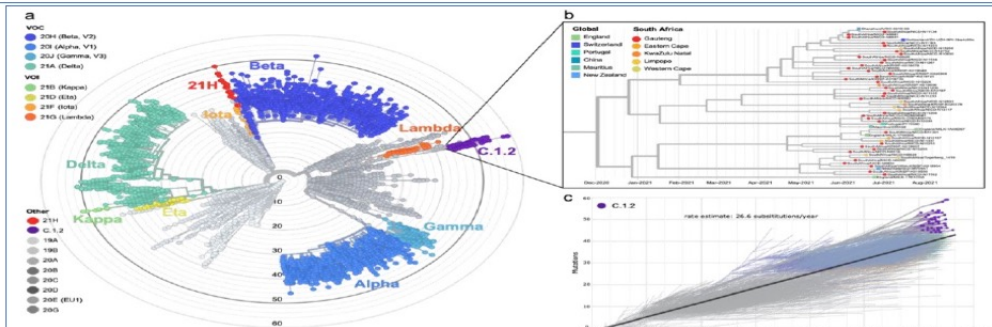
37

posted 8.26.2021

GISAIID ([www.gisaid.org](http://www.gisaid.org)): the global reference database for SARS-CoV-2 viral genomes

### The continuous evolution of SARS-CoV-2 in South Africa: a new lineage with rapid accumulation of mutations of concern and global detection

“C.1.2 is highly mutated beyond C.1 and all other VOCs and VOIs globally with between 44-59 mutations away from the original Wuhan Hu-1 virus (Fig. 1a). While the VOI Lambda (C.37) is phylogenetically closest to C.1.2, the latter has distinct lineage-defining mutations.”



Phylogenetic Assignment of Named Global Outbreak Lineages' (PANGOLIN) software suite (<https://github.com/hCoV-2019/pangolin>)

Fig. 1 | Global phylogenetic distribution of C.1.2

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## SARS-nCoV-2/COVID testing(3 types)



38

1) current **NP PCR (nasal swab, or even saliva)** detects **RNA fragments** of SARS-CoV-2, whether in high or low concentrations (# of PCR cycles= Cn). Is **THE** diagnostic test (“gold standard”) to detect (+) virus in folk for several months; it's still necessary (for now). ~ 99% sensitive, specific.


2) 3) New nasal swab tests for **Antigen (Ag)** got **EUA approval by US FDA 5.2020**, detect some CoV-2 proteins & can be done **rapidly** (like the flu nasal swab for influenza A&B Ag), with a result within an hour or less. Currently Quidel's Sofia2 & Abbott's **BINAX-NOW**, IDNOW have suboptimal sensitivity but decent specificity. These rapid tests, some now validated, are likely to become commonplace.

3) **> 85 new FDA+ Antibody (Ab) tests:** (ie, **Abbott Labs & others**). FDA EUA: blood- fingerstick or venipuncture; detect **neutralizing (+) IgG Ab** ("G" for Geriatric/ older Ab, which last months/years, indicating older/past infection), BUT recent articles show that some COVID patients have trace IgG Ab and still harbor the virus (small amounts). & some data prove **binding Ab** are fully or even partially "protective", but if so, for how long (months/ years/ ?). IgM Ab occurs sooner but w shorter duration. FDA gave GenScript USA EUA for the cPass SARS-CoV-2 Neutralization Antibody Detection Kit. And only research labs test T-cell subsets...

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<p>Journal Pre-proof</p> <p>Comparing the diagnostic accuracy of rapid antigen detection tests to real time polymerase chain reaction in the diagnosis of SARS-CoV-2 infection: A systematic review and meta-analysis</p> <p>Jonghoo Lee MDPH<sup>D</sup>, Jae-Uk Song MDPH<sup>D</sup>, Sung Ryul Shim MDPH<sup>D</sup></p> <p>PII: S1386-6532(21)00252-3          DOI: <a href="https://doi.org/10.1016/j.jcv.2021.104985">https://doi.org/10.1016/j.jcv.2021.104985</a>          Reference: JCV 104985</p> <p>To appear in: <i>Journal of Clinical Virology</i></p> <p>Received date: 14 April 2021          Revised date: 19 August 2021          Accepted date: 8 September 2021</p>	 <p><b>online 9.16.2021</b></p>	39
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**“Comparing the diagnostic accuracy of rapid antigen detection tests (RADTs) to real time polymerase chain reaction in the diagnosis of SARS-CoV-2 infection: A systematic review and meta-analysis”** CONCLUSIONS:

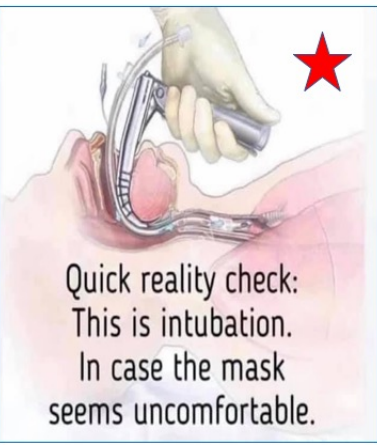
- RADTs showed low sensitivity of 0.68 compared to those of RT-PCR.
- The pooled sensitivity of tests was higher in patients with high viral loads.
- These tests were more sensitive in patients within 5 days of symptoms onset.

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## GEN. PREVENTIVE MEASURES: VACCINES & MASKS!




**cloth OK, but...**




**Quick reality check:  
This is intubation.  
In case the mask seems uncomfortable.**

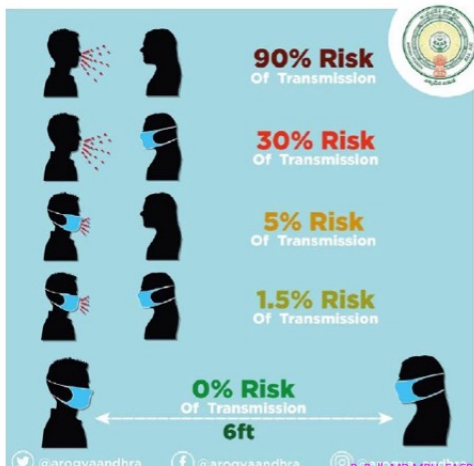


**“surgical masks”: cheap, commonly worn by public & general HCWs**





**HCWs: medical N95 “respirators” filter ~95% (large) droplets**



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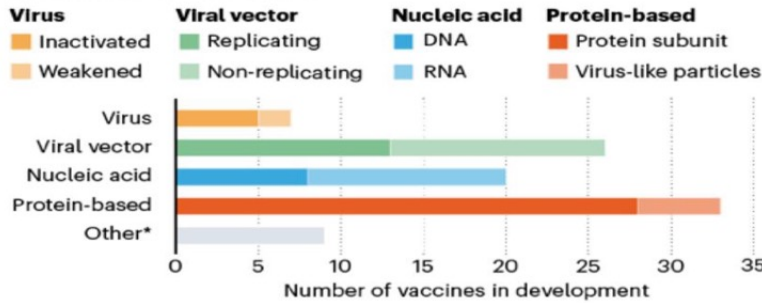


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**How modern vaccines work**

COVAX Accelerator, led by the World Health Organization (WHO) and other global health groups including Gavi obtain & distribute COVID vaccines to many poor countries.

**AN ARRAY OF VACCINES**



\* Other efforts include testing whether existing vaccines against poliovirus or tuberculosis could help to fight SARS-CoV-2 by eliciting a general immune response (rather than specific adaptive immunity), or whether certain immune cells could be genetically modified to target the virus.

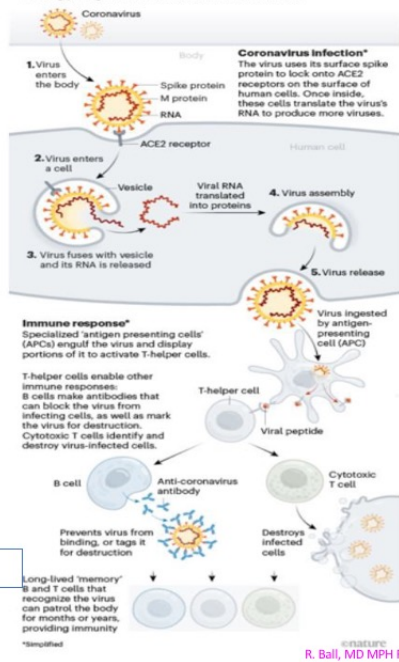


Coronavirus mRNA Vaccine Safety and Efficacy - YouTube

slide courtesy of Carlos del Rio MD, Emory Univ.

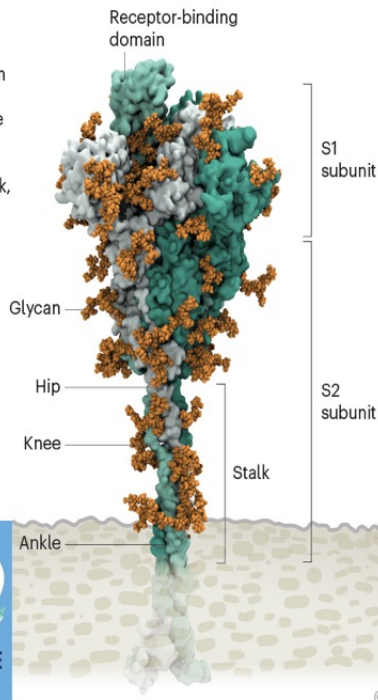
**VACCINE BASICS: HOW WE DEVELOP IMMUNITY**

The body's adaptive immune system can learn to recognize new, invading pathogens, such as the coronavirus SARS-CoV-2.



**A HIDDEN SPIKE**

The spike protein of SARS-CoV-2 is coated in sugar molecules, or glycans, which disguise it from the immune system. It can hinge at three points on the stalk, giving it flexibility.



©nature

The NEW ENGLAND JOURNAL of MEDICINE

NEJM 7.21.2021

**ORIGINAL ARTICLE**

**Effectiveness of Covid-19 Vaccines against the B.1.617.2 (Delta) Variant**

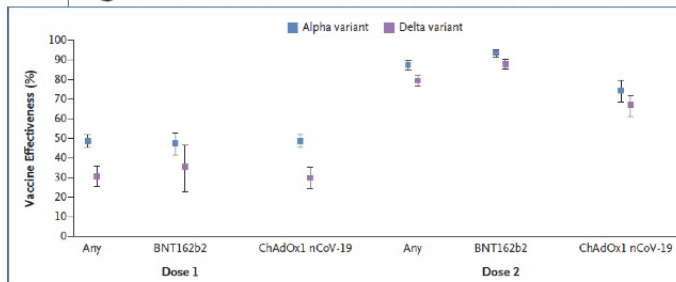


Figure 1. Vaccine Effectiveness against the Alpha and Delta Variants, According to Dose and Vaccine Type.

Shown is the effectiveness of one dose and two doses of the BNT162b2 and ChAdOx1 nCoV-19 vaccines, or either vaccine ("any"), against symptomatic disease with the B.1.1.7 (alpha) or B.1.617.2 (delta) variant of the severe acute respiratory syndrome coronavirus 2. I bars indicate 95% confidence intervals.

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**FDA (Fri. 9.17.2021):** Vaccines & Related Biological Products Advisory Committee (VRBPAC) voted 16:2 to deny a 3rd dose of the **Pfizer-BioNTech** vaccine for all 16+ yo Americans ~8 months after their second one. Then VRBPAC voted 18:0 to offer a booster to those 65+ yo, as well as to immunocompromised individuals at high risk of developing severe COVID, HCWs+

*Centers for Disease Control and Prevention*  
  
Morbidity and Mortality Weekly Report  
Early Release / Vol. 70 September 17, 2021

**Comparative Effectiveness of Moderna, Pfizer-BioNTech, and Janssen (Johnson & Johnson) Vaccines in Preventing COVID-19 Hospitalizations Among Adults Without Immunocompromising Conditions — United States, March–August 2021**

**A second shot of the Johnson & Johnson COVID-19 vaccine given 56 days after the first provided:**

<b>100%</b> protection against severe or critical COVID-19 after at least 14 days	<b>94%</b> protection against symptomatic (moderate to severe/critical) COVID-19 in the U.S.	<b>75%</b> protection against symptomatic (moderate to severe/critical) COVID-19 globally
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**J&J reports second dose of COVID-19 vaccine boosts protection to 94% (phase 3 ENSEMBLE 2 study). Data not presented to FDA but to news media.**

**Summary**  
**What is already known about this topic?**  
Two 2-dose mRNA COVID-19 vaccines (from Pfizer-BioNTech and Moderna) and a 1-dose viral vector vaccine (from Janssen [Johnson & Johnson]) are currently used in the United States.

**What is added by this report?**  
Among U.S. adults without immunocompromising conditions, vaccine effectiveness against COVID-19 hospitalization during March 11–August 15, 2021, was higher for the Moderna vaccine (93%) than the Pfizer-BioNTech vaccine (88%) and the Janssen vaccine (71%).

**What are the implications for public health practice?**  
Although these real-world data suggest some variation in levels of protection by vaccine, all FDA-approved or authorized COVID-19 vaccines provide substantial protection against COVID-19 hospitalization.

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## COVID Monoclonal Antibody Therapies

• McCreary EK, et al. *medRxiv*. 2021;doi:10.1101/2021.09.03.21262551

Since USA lags behind many 1<sup>st</sup> world countries re: % of population vaccinated, “community immunity” is unrealistic. We also depend on various therapies.

**Estimating Herd Immunity Thresholds for SARS-CoV-2**

- Estimates of herd immunity threshold for SARS-CoV-2 use various assumptions of  $R_0$  varying rates of heterogenous contact<sup>[1,2]</sup>
- Various epidemiological models of the herd immunity threshold for SARS-CoV-2 currently range from 50% to 75% of the population<sup>[1,2]</sup>
  - Assume that infection provides lasting protection against reinfection
  - This equates to 200 million people in the US and 5.6 billion people worldwide<sup>[1]</sup>

**Compared with combination therapy, the probability of inferiority of bamlanivimab was:**

<p>Bamlanivimab/etesevimab</p> <p><b>91%</b></p>	vs	<p>Casirivimab/imdevimab</p> <p><b>94%</b></p>
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[www.news-medical.net/health](http://www.news-medical.net/health)

L. Woon, NEJM. 2020;(944) 2. Britton, Science. 2020;369(6465). Slide credit: clinicaloptions.com

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45

**USA: “Mandates May Be The Only Way Out of This”**

Professor Larry Gostin JD in a conversation of where America as a country stands today, almost two years into Covid-19. Human ingenuity and scientific gains have been “astounding,” while our preparedness, in the face of such a “wily enemy,” has too often been “abysmal.” We experienced shock when the first wave that began in Wuhan landed at our shores; CDC bungled tests; the Trump administration stoked anti-Asian hatred and politicized essential tools– masks, vaccines, and temporary lockdowns. Public health messaging too often has been “appalling,” as CDC’s scientific leadership has stumbled. Now, in late 2021, we face the danger of dividing our society into two opposing camps, the vaccinated versus the unvaccinated. The Biden administration has refused to take up vaccine credentialing, a significant mistake. It has also shown remarkable leadership in trying to overcome vaccine hesitancy and refusal, and now must turn increasingly to mandates.

- CSIS Global Health Policy Center 9.2.2021

**VIEWPOINT** An International Agreement on Pandemic Prevention and Preparedness JAMA 9.15.2021

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**Weekly Operational Update on COVID-19**

46

20 September 2021

Issue No. 72



As of 19 September 2021

For all other latest data and information, including trends and current incidence, see the [WHO COVID-19 Dashboard](#) and [Situation Reports](#)

Confirmed cases  
**227 940 972**

Confirmed deaths  
**4 682 899**


[www.who.int](http://www.who.int)

**COVID-19 vaccination IAR (vaccination pillar)**

1. Country level coordination, planning and monitoring
2. Risk communication, community engagement and infodemic management
3. Surveillance, case investigation and contact tracing
4. Points of entry
5. National laboratory system
6. Infection prevention and control
7. Quality management and knowledge sharing
8. Operational support and logistics in supply chain and workforce
9. Strengthening essential health services
10. COVID-19 vaccination
11. Vulnerable and marginalized populations
12. National legislation and financing
13. Public health and social measures
14. Other possible topics and cross cutting systems

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**Leaders Make Urgent Call To Accelerate Vaccination Globally And In Africa**

14 September 2021 | News release | Geneva | Reading time: 4 min (1119 words)

WHO-Director-General Dr Tedros Adhanom Ghebreyesus and a group of global health leaders today issued an urgent call for vaccine equity globally and in Africa in particular. The leaders stressed that the worst pandemic in the last hundred years will not end unless and until, there is genuine global cooperation on vaccine supply and access. They also reiterated the WHO's global vaccination target for 70% of the population of all countries to be vaccinated by mid-2022.

Dr Tedros was joined by Dr Seth Berkley, CEO Gavi, Strive Masiyima, AU Special Envoy for COVID-19, Dr John Nkengasong, Africa CDC Director, Professor Benedict Oramah, President and Chairman of the Board of Directors, Afreximbank, Dr Vera Songwe, UN Under-Secretary-General and Executive Secretary of the Economic Commission For Africa and Dr Matshidiso Moeti, WHO Regional Director for Africa.

The press conference followed two days of meetings among the leaders, with Richard Hatchett, Chief Executive Officer of CEPI joining the meetings as well.

**Contributions to WHO for COVID-19 appeal**

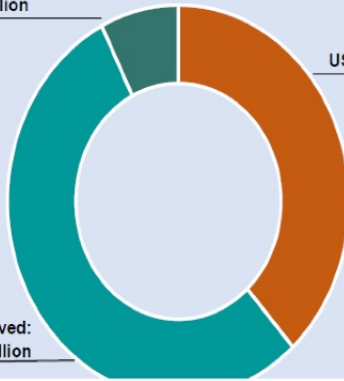
Data as of 14 September 2021

**Total Pledges:**  
US\$ 145 million

7.40%

**Gap:**  
US\$ 752 million

38.32%



**Total Received:**  
US\$ 1.06 billion

54.00%

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**CDC** Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives. Protecting People™

[www.cdc.gov/rsv](http://www.cdc.gov/rsv)

**Respiratory Syncytial Virus Infection (RSV)**

Respiratory syncytial (sin-SISH-uhl) virus, or RSV, is a common respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially for infants and older adults. RSV is the most common cause of bronchiolitis (inflammation of the small airways in the lung) and pneumonia (infection of the lungs) in children younger than 1 year of age in the United States.

**Symptoms & Care**

Know the symptoms to look for and how to care for people with RSV.

[Symptoms & Care](#)

**Infants & Children**

RSV can be dangerous for some infants and young children.

[Infants & Children](#)

**Transmission**

Help protect yourself and your loved ones from RSV infection.

[Transmission](#)

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Hosted by Paul Webber [paul@webbertraining.com](mailto:paul@webbertraining.com)  
[www.webbertraining.com](http://www.webbertraining.com)

24



## RSV Testing traditionally not done (no specific Tx yet)

Clinicians occasionally get upper and/or lower respiratory specimens

The most common types of RSV clinical laboratory tests used are:

- Real-time reverse transcriptase-polymerase chain reaction (rRT-PCR), which is more sensitive than culture or antigen testing
- Antigen testing, which is highly sensitive in children but not very sensitive in adults
- Less commonly used tests include viral culture & serology (which is usually only used for research and surveillance studies)

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### The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 APRIL 28, 2005 VOL. 352 NO. 17

#### Respiratory Syncytial Virus Infection in Elderly and High-Risk Adults

##### CONCLUSIONS

RSV infection is an important illness in elderly and high-risk adults, with a disease burden similar to that of nonpandemic influenza A in a population in which the prevalence of vaccination for influenza is high. An effective RSV vaccine may offer benefits for these adults.

N ENGL J MED 352:17 WWW.NEJM.ORG APRIL 28, 2005

**Table 3. Diagnostic Tests.**

Test	RSV Infection	Influenza A	Influenza B
	<i>no. of patients with positive test/total no. tested (%)</i>		
Viral culture	64/2356 (3)	80/2356 (3)	18/2356 (<1)
RT-PCR*	163/2355 (7)	154/2354 (7)	Not done
Serologic test	183/2058 (9)	120/2051 (6)	29/2051 (1)
Total infections diagnosed by any method	244/2514 (10)	198/2514 (8)	35/2514 (1)

$R_0(R_t)$  for RSV  
 is ~5-25!

\* RT-PCR denotes reverse-transcriptase polymerase chain reaction.

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# Tridemics of Influenza, COVID & RSV 2021

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### RSV Impact espec on older adults & children

51

[Respiratory syncytial virus \(RSV\)](#) is a seasonally circulating virus that predominantly affects children, but there is a growing recognition of the effects of RSV among older adults (age  $\geq 65$  years). Annual estimates of US deaths due to RSV in older adults are approximately 14,000, with more than 177,000 inpatient admissions at a cost of more than \$1 billion.

Given older adults' high incidence of multimorbidity and susceptibility to adverse infection-related sequelae, RSV infections are particularly burdensome. In particular, infection with influenza and RSV commonly result in cardiorespiratory events that include acute myocardial infarction, stroke, and exacerbation of asthma and chronic obstructive pulmonary disease (COPD).

The impact of circulating RSV can be seen from the [results of a 2005 landmark study](#), which estimated the relationship between lab-confirmed RSV infection and cardiopulmonary events in older adults and high-risk individuals admitted to several hospitals during 4 respiratory seasons. In their findings, RSV accounted for proportion of hospital admissions: 10.6% (pneumonia,) 11.4% (COPD), 5.4% (heart failure), & 7.2% (asthma)

#### LTCF Setting and Risk for Respiratory Infections

Residents of long-term care facilities (LTCFs) are among the most susceptible to respiratory infections:

- 1) older adults are at high risk for [influenza](#) and RSV infection as a result of age-related physiologic changes such as reduced chest wall compliance, decreased cough strength, and impaired immune function due to cellular senescence.
- 2) the risk of infection is increased owing to the institutional nature of LTCFs- this risk is influenced by frequent resident exposure to coresidents, visitors, volunteers, and staff, all of whom may transmit viruses.
- 3) frail residents with decreased functional capacity experience the most severe forms of illness, requiring transfer to the hospital for supportive care and services that are not often provided in the LTCF setting.

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### Recognizing RSV Among Older Adults

52

RSV infections among older adults can have variable presentations. Most infections present with no symptoms or mild symptoms lasting up to 5 days and include: cough, headache, fatigue, runny nose, and throat ache. Fever may be present but is not always a reliable marker of infection in older adults. [Older adults](#) with cardiovascular illnesses, such as heart failure or acute coronary syndrome, and respiratory illnesses, such as asthma and COPD, are at risk of severe illness. Infection with RSV may also result in pneumonia. Greater attention should be paid to older adults at highest risk of severe illness from RSV infection.

#### Preventing RSV Infection

There are currently no approved [vaccinations for RSV](#), although several are in development. In preparation for the potential availability of a vaccine, education on the benefits of such a vaccination should be targeted toward LTCF staff and residents.

Currently, however, the best approach to preventing RSV infection is to take precautions when RSV is circulating. Precautions relate to RSV's airborne and surface contact routes of transmission. In LTCFs, mask wearing among residents, staff, and visitors is a standard preventive measure. In addition, RSV can persist on hard surfaces for several hours, making handwashing and sanitization of surfaces effective measures. Furthermore, eating and drinking utensils should not be shared. Taken together, these steps present effective ways to prevent the transmission of RSV, and potentially severe illness, among older adults.

**Credit:** Elliott Bosco, PharmD, PhD, Department of Health Sciences, Policy, and Practice  
Brown University School of Public Health, Providence, Rhode Island

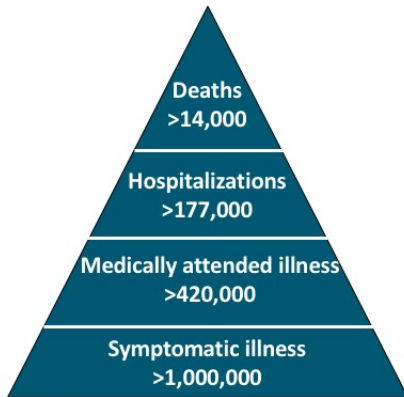
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Tridemics of Influenza, COVID & RSV 2021  
 Prof. Robert Ball  
 A Webber Training Teleclass

## Although RSV is Often Considered a Childhood Disease, RSV Poses a Serious Threat to Older Adults

Estimated Annual RSV Cases in Adults Aged ≥65 Yr in the US<sup>1</sup>



- Annual attack rates in the US<sup>2</sup>
  - 2%-10% in older adults within the community
  - As high as 5%-10% in older adults within congregate settings
- Compared with their younger adult counterparts, older adults with RSV more likely to become hospitalized and die<sup>3</sup>
- Disease burden expected to increase considering the aging population

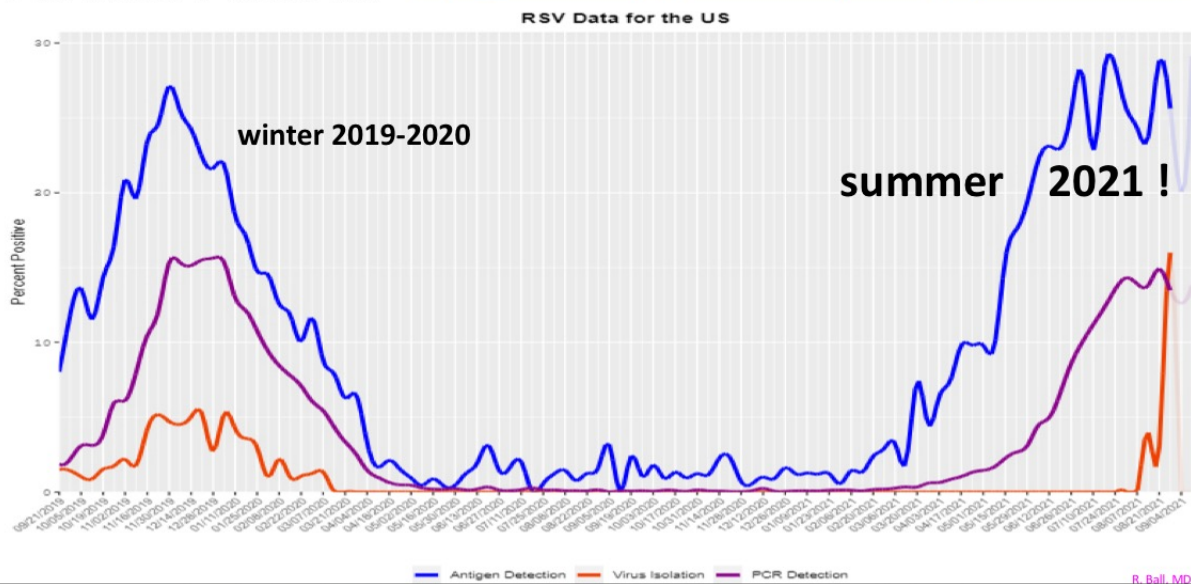
1. cdc.gov/rsv/high-risk/older-adults.html. 2. Branche. Drugs Aging. 2015;32:261. 3. Pastula. Open Forum Infect Dis. 2017;4:ofw270.

Slide credit: [clinicaloptions.com](http://clinicaloptions.com)

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## RSV is usually a winter virus in children, elderly. Why this US summer upsurge?

Percent Positive <https://www.cdc.gov/surveillance/nrevss/rsv/natl-trend.html>



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## Older Adults More Susceptible to RSV Infection vs Younger Adult Counterparts

### Interconnected Factors

- Atypical and delayed presentation
- Chronic diseases and multi-morbidities
- Aging/dysregulated immune system
- Frailty
- Contact with HCPs
- Malnutrition
- Polypharmacy
- Lung structure and physiology
- Decreased physiologic reserve
- LTCF resident
- Immobility and decreased physical activity

### Interconnected Outcomes

- Increased susceptibility
- Increased morbidity and mortality
- Prolonged hospital stay
- Increased transmission
- Increased healthcare costs

<https://www.clinicaloptions.com/infectious-disease/programs/2021/adult-rsv>

Watson. Ther Adv Respir Dis. 2021;15:1753466621995050.

Slide credit: [clinicaloptions.com](https://www.clinicaloptions.com)



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## CDC: RSV Treatment, Vaccine future:

“Researchers are working to develop RSV vaccines, but none are available yet. A drug called palivizumab is available to prevent severe RSV illness in certain infants and children who are at high risk for severe disease.”

### RSV: WHO activities

- **A three-year pilot project (2016-18) successfully tested the feasibility of implementing RSV surveillance based on the Global Influenza Surveillance and Response System (GISRS) in 14 countries across all six WHO regions.**

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**Current types of RSV vaccines in research:**

57

*particle-based, [attenuated](#), [protein subunit](#), or vector-based*

The DS-Cav1 vaccine for RSV, a [protein subunit](#) vaccine, was shown to be safe and to elicit “a robust boost in RSV F-specific antibodies and neutralising activity that was sustained above baseline for at least 44 weeks” in a phase 1 clinical trial, according to a study published in April 2021 in The Lancet Respiratory Medicine.

A vaccine using this antigen, called GSK3888550A, developed by [GlaxoSmithKline](#) (GSK), is currently in phase 3 clinical trials, which began in November 2020 (NIAID VRC) & University of Texas at Austin. The vaccine’s antigen, a stabilized version of the virus’ F protein, was developed using structure-based vaccine design.

August 2021: [Moderna](#) received US FDA fast track designation for Respiratory Syncytial Virus Vaccine (**mRNA-1345**) clinical trials.

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**Thank you for your attention.**

58

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*“Those who carry on great public schemes  
must be proof against the most fatiguing delays,  
the most mortifying disappointments,  
the most shocking insults,  
and what is worst of all,  
the presumptuous judgments of the ignorant.”*

**- Edmund Burke (1729 - 1797)**

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*(FREE European Teleclass - Broadcast live from the Infection Prevention Society conference)*

September 27, 2021 **Cottrell Lecture ... INFECTION PREVENTION: THROUGH A DIFFERENT LENS**

Speaker: **Prof. Heather Loveday**, Richard Wells Research Centre, University of West London

*(FREE European Teleclass - Broadcast live from the Infection Prevention Society conference)*

September 29, 2021 **Aylliffe Lecture ... PAST, PRESENT AND FUTURE**

Speaker: **Peter Hoffman**, Public Health England

October 7, 2021 **INFECTION CONTROL AND PREVENTION IN LONG-TERM CARE FACILITIES AND HEALTHCARE LAUNDRY**

Speaker: **John Scherberger**, Healthcare Risk Mitigation, Spartanburg, SC

October 14, 2021 **COMMON FEATURES OF WATERBORNE PATHOGENS IN HEALTHCARE FACILITIES: WHY ARE THEY SO CHALLENGING?**

Speaker: **Prof. Joseph O. Falkow**, Department of Biological Sciences

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